



## Market Survey of Long-Term Care Costs

The 2011 MetLife Market Survey of Nursing Home,  
Assisted Living, Adult Day Services, and  
Home Care Costs

October 2011

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# Major Findings

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In 2002, the MetLife Mature Market Institute pioneered the collection of national market survey data on nursing home, assisted living, and home care costs. Since then, these market survey data have been updated and released on an annual basis. In 2007, cost information on adult day services (ADS) was included for the first time.

This market survey, conducted in conjunction with LifePlans, Inc., contains daily private-pay rates for private and semi-private rooms in licensed nursing homes, monthly base rates for assisted living communities, hourly rates for home health aides from licensed agencies and agency-provided homemaker companion services, and daily rates for adult day services across the United States. Geographic areas reported are for state Metropolitan Statistical Areas (MSA), and a randomly selected sample of service providers or facilities not already identified in the MSAs (“Rest of State” areas). Costs for this survey were calculated for each service provider in an area and were aggregated across all providers to compute a statewide average cost.



## Nursing Homes

Daily private-pay rates for long-term (custodial) nursing home care were obtained for private and semi-private rooms in licensed facilities throughout the United States.

National average rates for a private room increased by 4.4%, from \$229 daily or \$83,585 annually in 2010, to \$239 daily or \$87,235 annually in 2011. National average rates for a semi-private room increased by 4.4%, from \$205 daily or \$74,825 annually in 2010 to \$214 daily or \$78,110 annually in 2011.

In 2011, the “Rest of State” area of Louisiana had the lowest average daily rates for a private room in a nursing home, averaging \$141 per day. The “Rest of State” areas of Oklahoma and Texas had the lowest daily rates for a semi-private room in a nursing home, averaging \$128 per day. The highest average daily rates for nursing homes were in Alaska, which came in at \$655 for a private room and \$678 for a semi-private room.



## Assisted Living Communities

Monthly private-pay base rates, which are defined as room and board and typically include at least two meals per day, housekeeping, and some personal care assistance, were obtained for one-bedroom apartments or private rooms with private baths in assisted living communities.

National average assisted living base rates increased by 5.6%, from \$3,293 monthly or \$39,516 annually in 2010, to \$3,477 monthly or \$41,724 annually in 2011.

In 2011, the “Rest of State” area of Arkansas had the lowest average monthly base rate at \$2,156, and Washington, D.C. had the highest average monthly base rate at \$5,757.



## Home Care Services

Hourly private-pay rates were obtained for home health aides from licensed agencies and for agency-provided homemaker/companion services.

The 2011 national average private-pay hourly rates for home health aides and homemaker/companion services remain unchanged from 2010 at \$21 and \$19 respectively.

The lowest average hourly rates for home care came from the “Shreveport Area” of Louisiana at \$14 for a home health aide and \$13 for a homemaker/companion. The highest average hourly rates for home care came from the “Rochester Area” of Minnesota at \$34 for a home health aide and \$29 for a homemaker/companion.



### Adult Day Services

Private-pay daily rates were obtained for adult day services. Adult day services national average daily rates increased by 4.5% from \$67 in 2010 to \$70 in 2011.

In 2011, the “Montgomery Area” of Alabama had the lowest average daily rate at \$29, while Vermont had the highest average daily rate at \$148. Rates for these centers varied greatly, both locally and statewide. However, it is important to note that licensure requirements and other regulations vary from state to state and this will account for some of these significant rate differences. Also, since some centers, by choice or regulation, only provided daily rates, hours of operation for centers providing hourly rates will affect calculated daily rates in comparison.

**Table 1: Summary of National Findings\***

|                           | Nursing Homes            |                      | Assisted Living Communities | Home Care              |                        | Adult Day Services     |
|---------------------------|--------------------------|----------------------|-----------------------------|------------------------|------------------------|------------------------|
|                           | Semi-Private Room        | Private Room         |                             | Home Health Aide       | Homemaker              |                        |
| Rate Type                 | Daily                    |                      | Monthly                     | Hourly                 |                        | Daily                  |
| 2011 Average Rate         | \$214                    | \$239                | \$3,477                     | \$21                   | \$19                   | \$70                   |
| 2010 Average Rate         | \$205                    | \$229                | \$3,293                     | \$21                   | \$19                   | \$67                   |
| \$/% Increase from 2010   | \$9 (4.4%)               | \$10 (4.4%)          | \$184 (5.6%)                | \$0 (0%)               | \$0 (0%)               | \$3 (4.5%)             |
| 2011 Median Rate          | \$199                    | \$224                | \$3,243                     | \$20                   | \$19                   | \$65                   |
| 2011 Highest Average Rate | \$678                    | \$655                | \$5,757                     | \$34                   | \$29                   | \$148                  |
| Location                  | AK—<br>Statewide         | AK—<br>Statewide     | DC—<br>Washington           | MN—<br>Rochester Area  | MN—<br>Rochester Area  | VT—<br>Statewide       |
| 2011 Lowest Average Rate  | \$128                    | \$141                | \$2,156                     | \$14                   | \$13                   | \$29                   |
| Location                  | OK, TX—<br>Rest of State | LA—<br>Rest of State | AR—<br>Rest of State        | LA—<br>Shreveport Area | LA—<br>Shreveport Area | AL—<br>Montgomery Area |
| 2011 Annual Rate          | \$78,110                 | \$87,235             | \$41,724                    | \$21,840               | \$19,760               | \$18,200               |

\*Costs are rounded to the nearest dollar.

# Overview and Analysis



## Nursing Homes

A nursing home is a facility which provides residents with a room, meals, personal care, nursing care, and medical services. Nursing homes provide care to residents with chronic conditions requiring long-term care or for those needing a shorter term acute recovery period after hospitalization. Typically, patients in long-term care facilities require assistance with multiple activities of daily living (ADLs), which include bathing, dressing, eating, toileting, transferring in and out of chairs or beds, and continence, and/or have cognitive limitations due to Alzheimer's disease or another form of dementia.

Admission to a nursing home could be for short-term rehabilitation services; however, for many Americans, the move to a nursing home is a permanent one. The nursing home resident may have a chronic condition, a need for assistance with multiple ADLs, or a cognitive impairment requiring a level of care that prevents him or her from living independently or at lower levels of care. Nursing homes provide a secure environment and an array of services to meet the physical, medical, and social needs of their residents.

Services provided at nursing homes typically include:

- › Room and board
- › Nursing care
- › Medication management
- › Personal care (assistance with ADLs)
- › Social and recreational activities

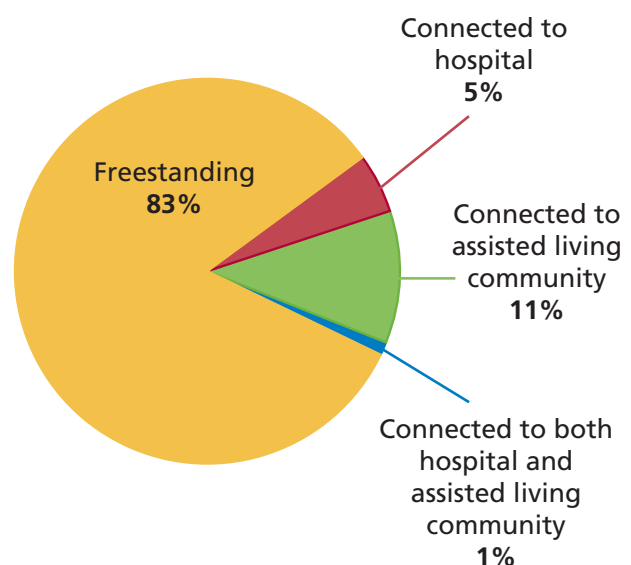
A small percentage (10%) of nursing homes surveyed provide adult day services. Most often, these services are open to residents of the

nursing home as well as those in the community (72%). Only one in five (21%) offers adult day services to the community, and only 7% offer them to residents of the nursing home.

According to the U.S. Census Bureau, in 2010, 66% of nursing home residents were women, and only 16% of all residents were under the age of 65. The median age of residents was 82.7 years.<sup>1</sup>

*The 2011 Market Survey of Long-Term Care Costs* found that 83% of all nursing homes surveyed are freestanding facilities. The remaining are physically connected to or on the same grounds as an assisted living community (11%), hospital (5%), or both (1%). Fifteen percent of nursing homes surveyed have an associated assisted living unit or wing, and 11% are part of a continuing care retirement community (CCRC).

**Figure 1: Nursing Homes: Physical Connection to Hospital or Assisted Living Community**



## Alzheimer's and Dementia Care in Nursing Homes

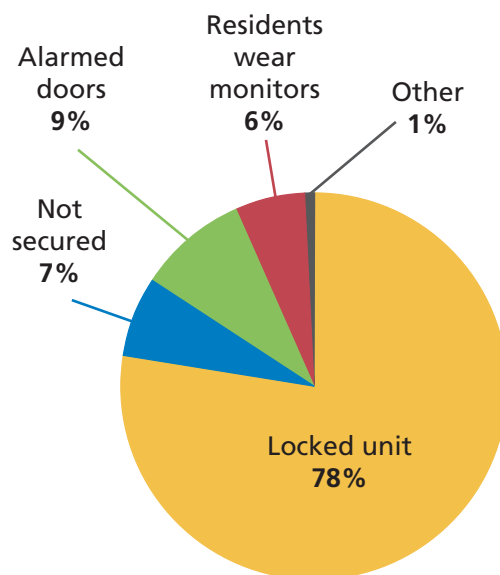
The majority (87%) of the nursing homes surveyed provide Alzheimer's or dementia care, of which over 80% charge the same rate for someone with Alzheimer's or dementia. However, of the few that charge a different rate, the average daily rate for a private room is \$251 (\$91,615 annually), and \$222 (\$81,030 annually) for a semi-private room.

| Average Nursing Home Room Rate for Alzheimer's and Dementia Care* |                   |
|-------------------------------------------------------------------|-------------------|
| Private Room                                                      | Semi-Private Room |
| \$251 Daily                                                       | \$222 Daily       |
| \$91,615 Annually                                                 | \$81,030 Annually |

\*Of nursing homes that report a different rate for individuals with Alzheimer's or dementia.

Just over a third (36%) of nursing homes that provide Alzheimer's or dementia care have separate units or wings, and 1% reported that the whole facility provides Alzheimer's care. There are various ways that these units are secured—78% are locked units, 9% are unlocked, but have alarms on the doors, 6% have residents wear monitors, and 1% have other means of resident security. The remaining 7% do not have security measures in place.

**Figure 2: Method of Security for Separate Alzheimer's/Dementia Wings in Nursing Homes\***



\*Of nursing homes that provide Alzheimer's/dementia care in separate wing or unit.

## Assisted Living Communities

In the continuum of care, assisted living bridges the gap between home care and nursing homes. It provides services for those who are not able to live independently, but do not require the level of care provided by a nursing home. Residents of assisted living communities may need personal care, assistance with meal preparation, ADLs, and household chores, and/or require supervision due to a cognitive impairment related to disorders such as Alzheimer's.

## Overview and Analysis

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Assisted living communities provide housing for those who need help in day-to-day living, but who do not need the round-the-clock level of skilled nursing care found in nursing homes. Many communities, however, have nurses on staff and provide health care monitoring.

Current estimates indicate that the average age of an assisted living resident is 86.9 years old,<sup>2</sup> and the median length of stay in assisted living is 25.6 months.<sup>3</sup>

Most assisted living communities create an individual care plan for each resident that details the services required. This plan is usually updated regularly to ensure that residents receive proper care as their conditions change.

While the term “assisted living” is used in many parts of the country, other common terms include:

- › Residential care
- › Personal care
- › Adult congregate living care
- › Board and care
- › Domiciliary care
- › Adult living community
- › Supported care
- › Enhanced care
- › Community-based retirement community
- › Adult foster care
- › Adult homes
- › Sheltered housing
- › Retirement residence
- › Service-enriched housing

Oversight of assisted living communities is primarily in the hands of state governments rather than under federal regulation. In 2007, several states strengthened existing standards or implemented new standards for communities with residents with Alzheimer’s disease or other forms of dementia. Some states increased training requirements for staff or added disclosure requirements to prospective residents.

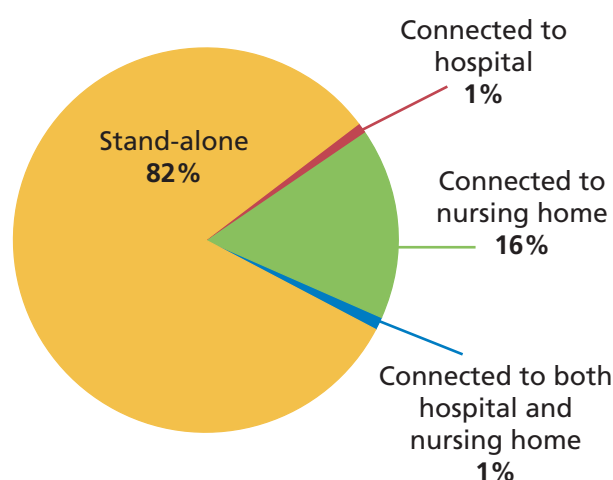
Depending upon their chosen level of service, residents in assisted living communities may have the following services offered:

- › Care management and monitoring
- › Help with ADLs
- › Housekeeping and laundry
- › Medication management
- › Recreational activities
- › Security
- › Transportation
- › Two or more meals per day

Some communities, particularly continuing care retirement communities (CCRC) offering multiple levels of care from independent living through nursing home care, also charge a one-time entrance fee and have additional fees for items such as meal delivery to living quarters, dementia care, or extra transportation services. A growing number of states have begun covering assisted living costs for those low-income individuals who qualify through Medicaid waiver programs, although most residents pay privately or through a long-term care insurance policy. Twenty percent of the communities surveyed are part of a CCRC, and 1% charge an entrance fee.

The majority of communities surveyed (82%) are stand-alone, meaning they are not physically connected to or on the same grounds of a nursing home or hospital. Only 1% are connected to a hospital and 16% are connected to a nursing home. Another 1% are connected to both a hospital and nursing home.

**Figure 3: Assisted Living Communities: Physical Connection to Hospital or Nursing Home**



### Alzheimer's and Dementia Care in Assisted Living Communities

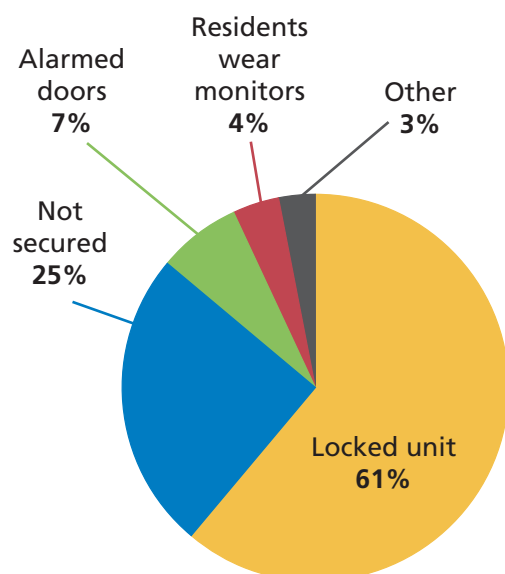
Almost three-quarters (72%) of the assisted living communities surveyed provide Alzheimer's and dementia care for residents, 50% of which charge an additional fee for this service. The 2011 national average monthly base rate for Alzheimer's and dementia care is \$4,619 (\$55,428 annually). In 2010, the national average monthly base rate for Alzheimer's and dementia care was \$4,762 (\$57,144 annually).

| Average Assisted Living Base Rate for Alzheimer's and Dementia Care* |                   |
|----------------------------------------------------------------------|-------------------|
| \$4,619 Monthly                                                      | \$55,428 Annually |

\*Of assisted living communities that report a different rate for individuals with Alzheimer's or dementia.

Of the communities that provide Alzheimer's and dementia care, 52% have a separate unit, and most communities are locked to ensure the safety and security of residents receiving special care.

**Figure 4: Method of Security for Alzheimer's/Dementia Care in Assisted Living Communities\***



\*Of nursing homes that provide Alzheimer's/dementia care.

Some assisted living communities offer adult day services, both to their residents and the community. Thirteen percent of the facilities surveyed offer adult day services. Of those that offer these services, 77% report that both community residents and those in the community can use these services. Another 15% provide services to the community only, and 9% provide services to the community residents only.

### Base Rates

The 2011 Market Survey of Long-Term Care Costs reports on monthly base rates, therefore it is important to know what services are included

## Overview and Analysis

when choosing a community. Additional services may be offered on an a la carte basis, thus impacting the overall cost of care once someone actually resides in the community. As residents age, they may experience a reduction in their capacities and require additional services over time that were not required when they entered the community.

As noted in the 2008–2010 surveys, fees for additional services can vary considerably by community size. Regardless of size, base rate fees often cover only some of the total costs of needed assisted living services. Communities will vary on the number of services that are included in the base rate.

Beginning in 2008, information on 12 services provided by assisted living communities was collected and analyzed based on the number of services covered in the monthly base rate, or services which are available on-site at the community.

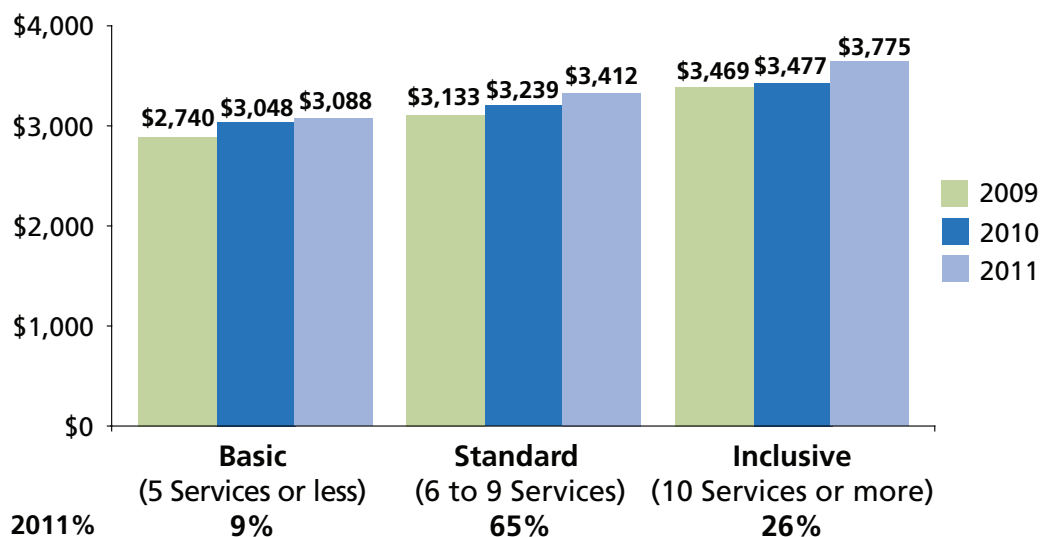
Communities were first categorized by the number of services included in the base rate. Communities that include five or fewer

services in their base rate were characterized as “basic,” those that provide six to nine services in their base rate were characterized as “standard,” and those including 10 or more services in their base rate were considered to be “inclusive.”

Of those surveyed in 2011, 9% of communities were in the basic category, 65% were in the standard category, and 26% were in the inclusive category.

Monthly base rate costs typically increase as more services are included. In 2011, communities in the basic category cost an average of \$3,088, a 1.3% increase from 2010. Those in the standard category have an average base cost of \$3,412, a 5.3% increase over 2010. Communities in the inclusive category cost an average of \$3,775, an increase of 8.6% over 2010. Figure 5 illustrates the service categories, average base cost for the category, and percentage of communities that fall into each category for 2009–2011.

**Figure 5: Monthly Base Costs for Assisted Living by Number of Services Included, 2009–2011**



Consumers are often faced with a varied array of communities and services in a local area, and must make comparisons and decisions about communities which may have a significant financial impact on them. With this in mind, consumers and financial advisors should consider carefully when making comparisons, and be especially mindful to gather information about services included in the monthly base cost and the cost of services not included. When faced with paying thousands of dollars each month for care which will not be covered by Medicare, even a few dollars in lowered costs is attractive. However, it is in their best interests to make comparisons on total potential costs for equivalent levels of service, and not simply on monthly base rates.

Although a community in the “basic” category might cost \$3,088 monthly, if additional services are needed, the monthly cost might rise above what a community in the “standard” or even “inclusive” category would charge for the same amount of services. The following table shows average monthly costs for common services offered at assisted living communities.

| Average Monthly Charge for Services Not Included in the Base Rate*           |       |
|------------------------------------------------------------------------------|-------|
| Bathing assistance                                                           | \$307 |
| Dressing assistance                                                          | \$352 |
| Other personal care (i.e., transferring, toileting, continence care, eating) | \$530 |
| Medication management                                                        | \$370 |

*\*Of assisted living communities who report an additional monthly charge for services above.*

## Home Care Services

The desire for families and friends to remain at home, or “age in place,” has created a diverse and dynamic home care service industry and a variety of service providers. Caregivers can be hired through an agency, registry, or privately, and because every state has authority to license and regulate its home care agency system, there are often variations in licensure requirements and regulations from state to state. Medicare-certified agencies are the exception in that they must comply with federal regulations.

Aging adults may choose to live on their own for many years. For people who develop chronic illnesses and other conditions, aging in place often demands outside services, which can allow them to live as independently as possible in their own homes. Most home care is non-medical care provided by paraprofessionals. However, some home care can only be delivered by licensed health care professionals. Typically provided by nurses, physical and occupational therapists, or specially trained home health aides under the direction of a physician or nurse, skilled care services at home are most often needed after an acute event such as a hip fracture, when follow-up rehabilitation services are needed at home after discharge from a hospital.

Ongoing home care services, considered to be custodial or supportive care, are usually provided by individuals such as home health aides, homemakers, and companions. Home health aides are trained to provide hands-on care and assistance to people in their homes who need help with ADLs (bathing, dressing, transferring, eating, toileting, or continence). They are also able to help with needed tasks such as cooking, shopping, and laundry.

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Homemakers or companions provide services that include light housekeeping, meal preparation, transportation, and companionship. This type of care is often appropriate for those with Alzheimer's disease or other forms of dementia who may be physically healthy but require supervision. Homemakers and companions are not trained to provide hands-on assistance with ADLs such as bathing and dressing.

The majority (79%) of the home health care agencies surveyed provide Alzheimer's training to their employees, and almost all (99%) agencies surveyed do not charge an additional fee for patients with Alzheimer's.

While most agencies surveyed provide an hourly rate, 81% of the agencies require a minimum number of hours per day ranging from a minimum of 30 minutes, to a maximum of eight hours (3 hours on average). A small percentage of agencies (3%) provide a daily rate. About 32% of the agencies surveyed have a 24-hour or live-in rate. The average daily live-in rate for a home health aide is \$258 and \$255 for a homemaker/companion.



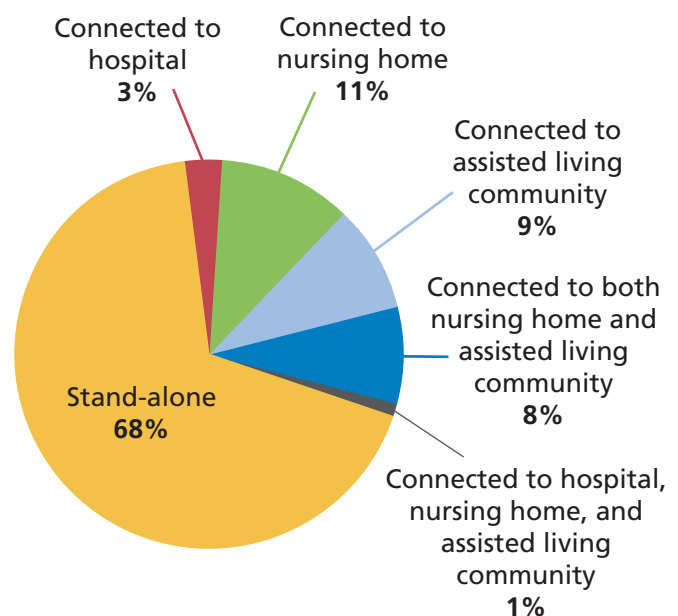
### Adult Day Services

Adult day services provide health, social, and therapeutic activities in a supportive group environment for individuals with cognitive and/or functional impairments. Some are freestanding centers or programs; others are affiliated with a facility or organization such as a nursing home, assisted living community, senior center, or rehabilitation facility.

The majority (68%) of centers surveyed are not physically connected to or on the same grounds as a nursing home, assisted living

community, or hospital. Eleven percent are connected to a nursing home, 9% are connected to an assisted living community, and 8% are connected to both a nursing home and assisted living community.

**Figure 6: Adult Day Services: Physical Connection to Hospital, Nursing Home, or Assisted Living Community**



Care can be obtained in a social model, medical/health model, or a specialized model of adult day services. A social-model program provides meals, recreation, and some basic health-related services. A medical/health-model program provides social activities as well as more intensive health and therapeutic services such as nursing services and rehabilitation therapy. A specialized program provides services only to specific populations such as those with diagnosed dementias or traumatic brain injury.

Although each program may differ in terms of its features, these general services are offered by the majority of adult day services centers:

› **Social Activity**

Interaction with other participants in planned activities appropriate for their conditions

› **Health-Related Services**

Medication management, weight monitoring, blood pressure monitoring, and diabetes monitoring

› **Transportation**

Door-to-door service

› **Meals and Snacks**

Meals and snacks, including special meals for those with special dietary needs

› **Personal Care**

Help with toileting, grooming, and other personal activities

› **Therapeutic Activities**

Exercise and mental interaction for all participants

Adult day services centers have been providing care to those in need and have been assisting caregivers for over 30 years. The National Adult Day Services Association (NADSA) estimates that there are at least 4,600 adult day centers in the U.S. serving over 260,000 participants and family caregivers.

Current codes, laws, and regulations governing adult day services are not uniform among the states. Although many states require their licensure or certification, the centers are not federally regulated. Many states have different

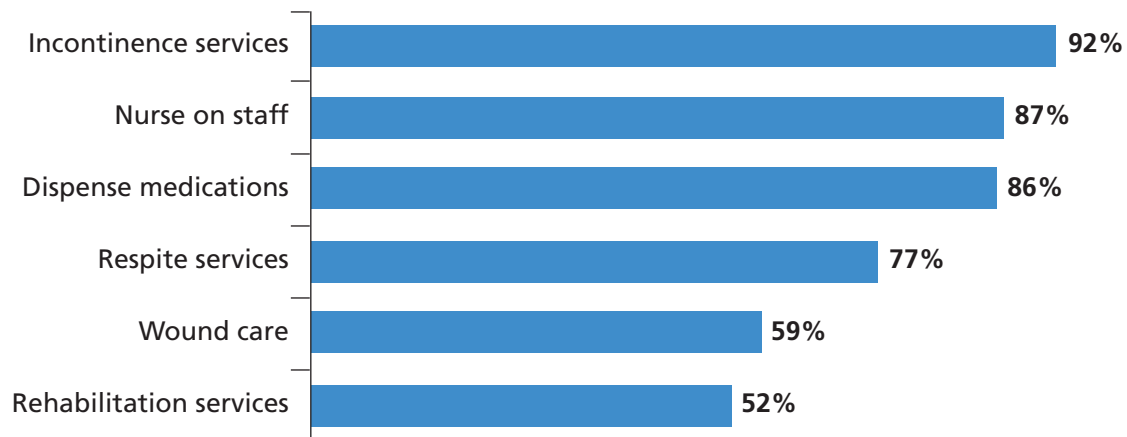
standards for social- and medical-model programs. States also vary widely in how they regulate, and how adult day services quote costs and charge fees. Vermont, for example, is the only state that requires adult day services to charge an hourly rate rather than a daily or half-day rate, which is common among most centers in the other states.

Most states have not established standardized criteria for enrollment or disenrollment, although most have provisions related to involuntary discharge. In those cases, the participant's care needs exceed those the centers can provide for or the participant presents a threat to himself/herself, to other participants, or to staff.

More than three-quarters of the adult day services centers surveyed are open Monday through Friday, 6% are also open on Saturdays, and 13% are open seven days per week. For those that are open 24 hours, 67% provide full adult day services for all 24 hours. Seven in ten centers provide transportation services to and from the center, and, of these, 47% do not charge a fee for these services. Of those that charge for transportation, the average one-way fee is about \$8.

Almost all (98%) of the centers surveyed provide services for those with Alzheimer's disease, with 2% of these charging an additional fee. Ninety-two percent of the centers provide services for adults who are incontinent, 87% have a nurse on staff, 86% dispense medications, 77% offer respite services, 59% provide wound care, and 52% provide rehabilitation services.

**Figure 7: Additional Services Provided at Adult Day Services Centers**



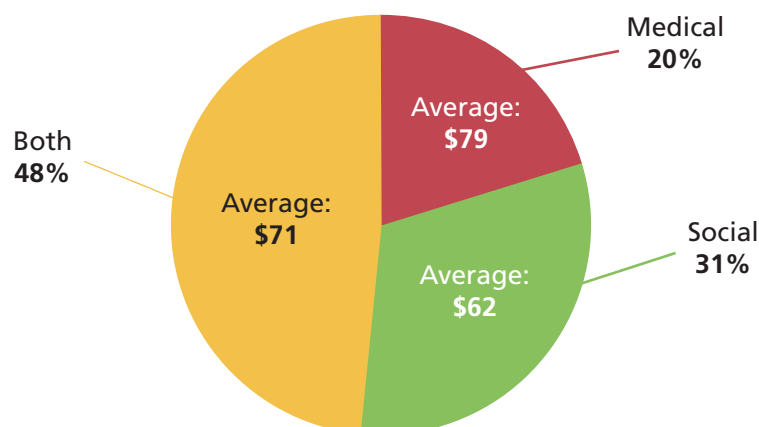
Capacity at the centers surveyed range from a minimum of 2 to a maximum of 400; the average capacity is 47. The average adult participant to staff ratio is 1:6, with a maximum of 1:20.

Costs will vary considerably depending on the level of services. Programs that operate using a medical/health model or a combination of medical/health and social model have higher costs than those using a social model alone.

The average daily rate for adult day services programs operating using a medical/health model is \$79, significantly higher than programs operating using a combined medical/health and social model (\$71) or a social model alone (\$62).

One in five of the adult day services programs surveyed operate using a medical/health model, 31% operate using a social model, and 48% operate using a combined medical/health and social model.

**Figure 8: Adult Day Services Model**



# Methodology

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This survey of nursing homes, assisted living communities, home care agencies, and adult day services in all 50 states and the District of Columbia was conducted by telephone between April and August 2011, by LifePlans, Inc., for the MetLife Mature Market Institute.

The states were divided into three groups, according to their population—under 3 million, 3 to 10 million, and over 10 million. These groupings were determined using data from the 2000 U.S. Census and updates. The cities/areas surveyed were chosen on the basis of population and the ability to obtain a representative sampling of facilities and providers. For the “Rest of State” areas, a sample of service providers or facilities were randomly selected from all providers or facilities identified in the state not already identified in the Metropolitan Statistical Area (MSA) sample. Costs for this survey were calculated for each service provider in an area and were aggregated across all providers to compute a statewide average cost. Aggregated data was rounded to the nearest dollar.



## Nursing Homes

Survey callers to the nursing homes requested to speak with the Director of Admissions or a comparable professional.

Nursing homes were called at random within each area and were required to meet the following criteria:

- › Must be licensed
- › Must provide skilled and custodial care
- › Must offer a private-pay rate for long-term care (custodial care), not the Medicare or Medicaid reimbursement rate

Of the nursing homes that met the criteria, private-pay rates were obtained for both private and semi-private rooms as available at the facility. If the nursing home did not meet the criteria, another would be called until a minimum of 10 nursing homes or 15% of the homes in that city/area were obtained. Data from 2,003 nursing homes are included in the tabulation.



## Assisted Living Communities

Callers to the assisted living communities asked for the Director of Admissions or a comparable professional.

Facilities were called at random and had to meet the following criteria:

- › Must be licensed according to each state’s standards for licensure
- › Must provide personal care assistance
- › Must provide private-pay rate

Of those that met the criteria, monthly base rates were obtained for a one-bedroom apartment with a private bath or a private room with a private bath.

The facilities were also grouped by the number of services included in the monthly base rate. Data from 1,492 assisted living communities, ranging in size from 2 to 353 beds, were included in the sample; the average number of beds per community was 61 beds.



### Home Care Services

Callers to home care agencies asked for the Director or a comparable professional. Agencies were called at random, and had to meet the following criteria:

- Must be licensed, if required by the state
- Must provide the private-pay rate, not the Medicare or Medicaid reimbursement rate

Of those agencies that met the criteria, hourly private-pay rates were obtained for home health aides. If the agency did not meet the criteria, another agency would be called until a minimum of 15% of agencies, or five (whichever was greater) in that city/area or statewide was obtained.

Agencies were also asked for hourly private-pay rates for companion/homemaker services. If necessary, some unlicensed agencies were also surveyed for companion/homemaker services to fulfill the quota. Data from 1,644 agencies are included in the tabulation.



### Adult Day Services

Callers to adult day services centers asked for the Director or a comparable professional. Centers called at random were required to meet the following criteria:

- Must be licensed, if required by the state
- Must provide the private-pay, daily rate

Of those centers that met the criteria, daily private-pay rates were obtained. If a center did not meet the criteria, another center was called

until a minimum of 15% of the centers or five (whichever was greater) in that city/area or statewide was obtained. In some instances, geographic areas were expanded to meet the criteria. Data from 1,341 centers are included in the tabulation.

For this survey, the vast majority of centers surveyed provided a daily rate for services. In a significant segment however, only hourly rates and the hours of operation are provided. This is especially true for centers in Vermont, which are mandated to report costs in that manner. In order to standardize the cost reporting across all states, types of centers/ services, and operating hours, this report uses a “maximum daily rate” framework. In those cases where a daily rate is reported by the center, that cost is used directly. In cases where no daily rate is reported and only hourly rates and hours of operation are reported, the daily rate is calculated by multiplying the hourly rate by the hours of operation. This reflects the maximum that a private-pay client could pay for a full operational day of services, and the level of cost for which they must conservatively plan should they or a care recipient require these services.

In a small minority of instances where a center—usually affiliated with a nursing home or assisted living community—operates on a 24-hour basis with no reported daily rate, or provides 12+ hours of potential service, the average hours of operation for all other centers in that geographic MSA, or statewide are used to calculate the daily rate for that center.

*Note: Adult Day Services in some states are subject to regulatory mandates for fees while those in other states are not.*

*Some are freestanding centers offering only daytime social program model services with minimum hourly stay requirements. Others are affiliated with nursing homes offering more extensive medical services and charging higher daily fees accordingly. In any case, there is no national standard for reporting fees and costs. In addition, centers often offer a sliding scale for fees, and it is widely recognized that few clients actually remain for the entire time that a center might be available for services.*

*This wide variety of circumstances and typical absence of a mandated fee and cost structure creates challenges in reporting average costs for these services, and also for the consumer in planning for paying for these often critical services for both care recipients and caregivers.*

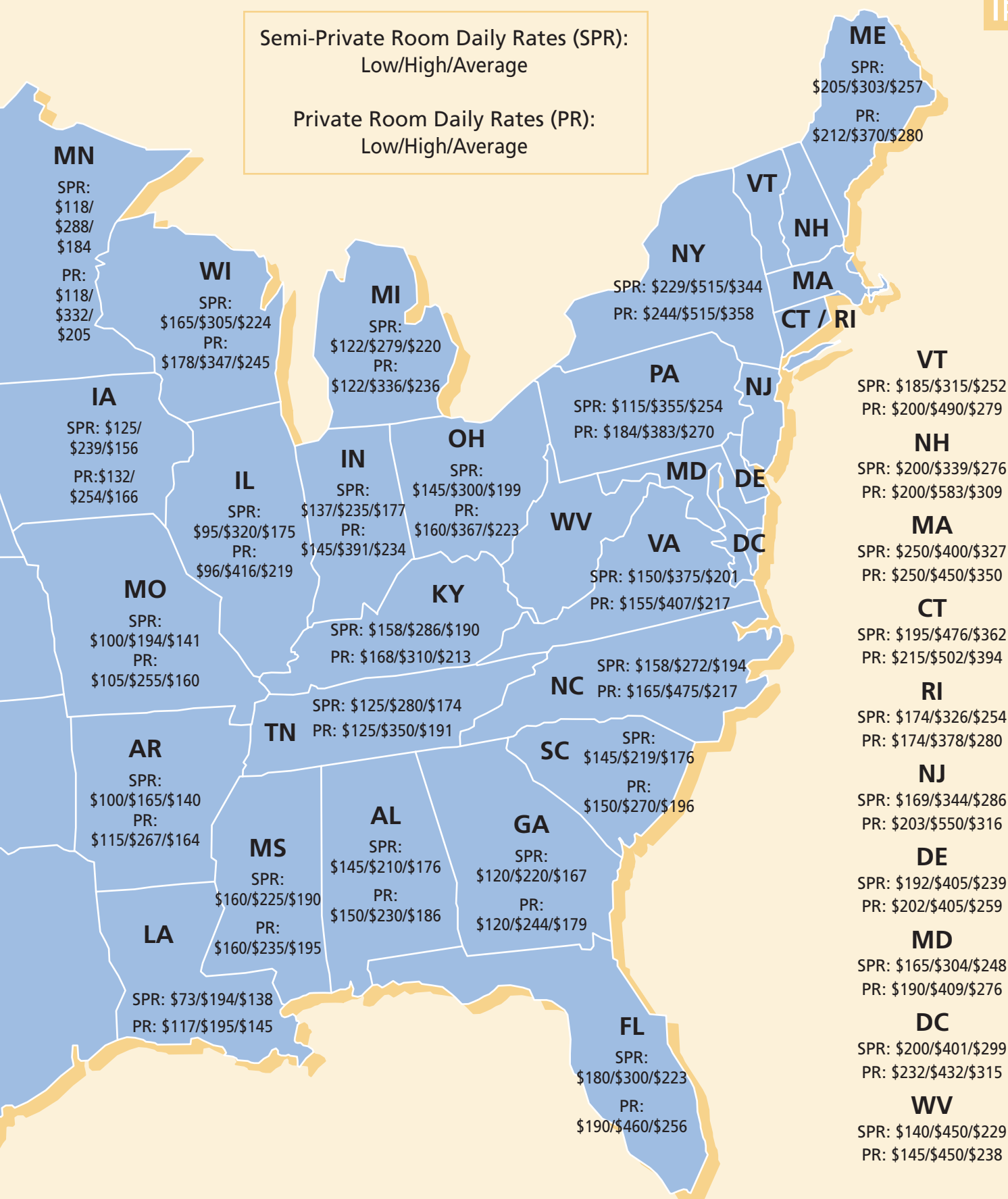
# Nursing Home Costs 2011





Semi-Private Room Daily Rates (SPR):  
Low/High/Average

Private Room Daily Rates (PR):  
Low/High/Average



# Nursing Home Costs 2011

| State                   | First 3 Zip Code Numbers | Semi-Private Room |       |         | Private Room |       |         |
|-------------------------|--------------------------|-------------------|-------|---------|--------------|-------|---------|
|                         |                          | Low               | High  | Average | Low          | High  | Average |
| <b>Alabama (AL)</b>     |                          | \$145             | \$210 | \$176   | \$150        | \$230 | \$186   |
| Birmingham              | 352                      | \$150             | \$210 | \$174   | \$160        | \$230 | \$185   |
| Montgomery              | 361                      | \$175             | \$210 | \$193   | \$188        | \$215 | \$202   |
| Rest of State           |                          | \$145             | \$205 | \$172   | \$150        | \$215 | \$180   |
| <b>Alaska (AK)</b>      |                          | \$452             | \$900 | \$678   | \$452        | \$900 | \$655   |
| <b>Arizona (AZ)</b>     |                          | \$130             | \$260 | \$182   | \$165        | \$374 | \$233   |
| Phoenix                 | 850                      | \$130             | \$260 | \$183   | \$170        | \$357 | \$223   |
| Tucson                  | 857                      | \$150             | \$206 | \$183   | \$175        | \$374 | \$259   |
| Rest of State           |                          | \$150             | \$203 | \$181   | \$165        | \$300 | \$228   |
| <b>Arkansas (AR)</b>    |                          | \$100             | \$165 | \$140   | \$115        | \$267 | \$164   |
| Little Rock             | 722                      | \$125             | \$165 | \$152   | \$135        | \$195 | \$169   |
| Rest of State           |                          | \$100             | \$160 | \$134   | \$115        | \$267 | \$161   |
| <b>California (CA)</b>  |                          | \$148             | \$727 | \$235   | \$148        | \$727 | \$301   |
| Los Angeles             | 900                      | \$148             | \$261 | \$209   | \$148        | \$380 | \$250   |
| San Diego               | 921                      | \$187             | \$295 | \$224   | \$200        | \$395 | \$271   |
| San Francisco           | 941                      | \$224             | \$727 | \$321   | \$325        | \$727 | \$485   |
| Rest of State           |                          | \$160             | \$400 | \$205   | \$201        | \$388 | \$272   |
| <b>Colorado (CO)</b>    |                          | \$155             | \$280 | \$207   | \$164        | \$326 | \$227   |
| Colorado Springs        | 809                      | \$192             | \$220 | \$205   | \$170        | \$308 | \$225   |
| Denver                  | 800,802                  | \$172             | \$280 | \$217   | \$186        | \$295 | \$235   |
| Rest of State           |                          | \$155             | \$262 | \$202   | \$164        | \$326 | \$223   |
| <b>Connecticut (CT)</b> |                          | \$195             | \$476 | \$362   | \$215        | \$502 | \$394   |
| Hartford                | 061                      | \$315             | \$476 | \$375   | \$369        | \$502 | \$410   |
| Stamford Area           | 068,069                  | \$315             | \$436 | \$390   | \$360        | \$472 | \$425   |
| Rest of State           |                          | \$195             | \$400 | \$341   | \$215        | \$450 | \$370   |
| <b>Washington (DC)</b>  | 200                      | \$200             | \$401 | \$299   | \$232        | \$432 | \$315   |
| <b>Delaware (DE)</b>    |                          | \$192             | \$405 | \$239   | \$202        | \$405 | \$259   |
| Wilmington              | 198                      | \$205             | \$253 | \$233   | \$245        | \$277 | \$257   |
| Rest of State           |                          | \$192             | \$405 | \$243   | \$202        | \$405 | \$260   |



| State                | First 3 Zip Code Numbers | Semi-Private Room |       |         | Private Room |       |         |
|----------------------|--------------------------|-------------------|-------|---------|--------------|-------|---------|
|                      |                          | Low               | High  | Average | Low          | High  | Average |
| <b>Florida (FL)</b>  |                          | \$180             | \$300 | \$223   | \$190        | \$460 | \$256   |
| Jacksonville         | 322                      | \$180             | \$220 | \$201   | \$190        | \$234 | \$212   |
| Miami                | 331                      | \$200             | \$300 | \$251   | \$220        | \$460 | \$306   |
| Orlando              | 328                      | \$210             | \$235 | \$228   | \$215        | \$291 | \$256   |
| Rest of State        |                          | \$183             | \$275 | \$217   | \$193        | \$430 | \$253   |
| <b>Georgia (GA)</b>  |                          | \$120             | \$220 | \$167   | \$120        | \$244 | \$179   |
| Atlanta              | 303                      | \$138             | \$213 | \$178   | \$142        | \$244 | \$195   |
| Marietta Area        | 300                      | \$136             | \$207 | \$173   | \$160        | \$228 | \$191   |
| Rest of State        |                          | \$120             | \$220 | \$158   | \$120        | \$235 | \$166   |
| <b>Hawaii (HI)</b>   |                          | \$240             | \$550 | \$330   | \$240        | \$690 | \$373   |
| Honolulu             | 968                      | \$240             | \$550 | \$301   | \$240        | \$550 | \$326   |
| Rest of State        |                          | \$279             | \$510 | \$352   | \$280        | \$690 | \$413   |
| <b>Idaho (ID)</b>    |                          | \$156             | \$257 | \$199   | \$163        | \$280 | \$212   |
| Boise                | 837                      | \$163             | \$257 | \$211   | \$163        | \$280 | \$236   |
| Rest of State        |                          | \$156             | \$230 | \$196   | \$166        | \$233 | \$204   |
| <b>Illinois (IL)</b> |                          | \$95              | \$320 | \$175   | \$96         | \$416 | \$219   |
| Chicago              | 606                      | \$117             | \$250 | \$176   | \$117        | \$305 | \$198   |
| Des Plaines Area     | 600                      | \$180             | \$320 | \$226   | \$210        | \$370 | \$292   |
| Peoria               | 616                      | \$115             | \$220 | \$171   | \$165        | \$416 | \$240   |
| Rest of State        |                          | \$95              | \$202 | \$145   | \$96         | \$360 | \$174   |
| <b>Indiana (IN)</b>  |                          | \$137             | \$235 | \$177   | \$145        | \$391 | \$234   |
| Fort Wayne           | 468                      | \$165             | \$204 | \$182   | \$187        | \$344 | \$235   |
| Indianapolis         | 462                      | \$150             | \$217 | \$182   | \$157        | \$391 | \$229   |
| Rest of State        |                          | \$137             | \$235 | \$171   | \$145        | \$360 | \$237   |
| <b>Iowa (IA)</b>     |                          | \$125             | \$239 | \$156   | \$132        | \$254 | \$166   |
| Des Moines           | 503                      | \$140             | \$239 | \$178   | \$150        | \$254 | \$195   |
| Rest of State        |                          | \$125             | \$170 | \$143   | \$132        | \$174 | \$153   |
| <b>Kansas (KS)</b>   |                          | \$117             | \$190 | \$147   | \$127        | \$330 | \$166   |
| Wichita              | 672                      | \$135             | \$187 | \$155   | \$144        | \$208 | \$177   |
| Rest of State        |                          | \$117             | \$190 | \$143   | \$127        | \$330 | \$161   |

## Nursing Home Costs 2011

| State                     | First 3 Zip Code Numbers | Semi-Private Room |       |         | Private Room |       |         |
|---------------------------|--------------------------|-------------------|-------|---------|--------------|-------|---------|
|                           |                          | Low               | High  | Average | Low          | High  | Average |
| <b>Kentucky (KY)</b>      |                          | \$158             | \$286 | \$190   | \$168        | \$310 | \$213   |
| Lexington                 | 405                      | \$165             | \$210 | \$191   | \$182        | \$278 | \$216   |
| Louisville                | 402                      | \$175             | \$286 | \$208   | \$195        | \$310 | \$240   |
| Rest of State             |                          | \$158             | \$198 | \$178   | \$168        | \$231 | \$195   |
| <b>Louisiana (LA)</b>     |                          | \$73              | \$194 | \$138   | \$117        | \$195 | \$145   |
| Baton Rouge               | 708                      | \$129             | \$152 | \$140   | \$135        | \$195 | \$153   |
| Shreveport Area           | 711                      | \$122             | \$155 | \$140   | \$125        | \$163 | \$145   |
| Rest of State             |                          | \$73              | \$194 | \$136   | \$117        | \$170 | \$141   |
| <b>Maine (ME)</b>         |                          | \$205             | \$303 | \$257   | \$212        | \$370 | \$280   |
| Southern ME               | 040                      | \$245             | \$282 | \$267   | \$250        | \$370 | \$297   |
| Rest of State             |                          | \$205             | \$303 | \$252   | \$212        | \$349 | \$270   |
| <b>Maryland (MD)</b>      |                          | \$165             | \$304 | \$248   | \$190        | \$409 | \$276   |
| Baltimore                 | 212                      | \$224             | \$304 | \$266   | \$224        | \$360 | \$285   |
| Silver Spring             | 209                      | \$226             | \$300 | \$259   | \$249        | \$409 | \$297   |
| Rest of State             |                          | \$165             | \$298 | \$233   | \$190        | \$375 | \$258   |
| <b>Massachusetts (MA)</b> |                          | \$250             | \$400 | \$327   | \$250        | \$450 | \$350   |
| Boston                    | 021                      | \$275             | \$385 | \$334   | \$300        | \$435 | \$356   |
| Worcester                 | 016                      | \$250             | \$385 | \$321   | \$250        | \$425 | \$333   |
| Rest of State             |                          | \$272             | \$400 | \$327   | \$295        | \$450 | \$357   |
| <b>Michigan (MI)</b>      |                          | \$122             | \$279 | \$220   | \$122        | \$336 | \$236   |
| Detroit                   | 482                      | \$122             | \$240 | \$195   | \$122        | \$250 | \$198   |
| Grand Rapids              | 495                      | \$215             | \$279 | \$240   | \$242        | \$336 | \$273   |
| Rest of State             |                          | \$163             | \$265 | \$221   | \$163        | \$290 | \$235   |
| <b>Minnesota (MN)</b>     |                          | \$118             | \$288 | \$184   | \$118        | \$332 | \$205   |
| Minneapolis/St. Paul      | 551,554                  | \$118             | \$288 | \$190   | \$118        | \$332 | \$216   |
| Rochester Area            | 559                      | \$162             | \$193 | \$172   | \$173        | \$201 | \$187   |
| Rest of State             |                          | \$136             | \$257 | \$186   | \$158        | \$277 | \$206   |
| <b>Mississippi (MS)</b>   |                          | \$160             | \$225 | \$190   | \$160        | \$235 | \$195   |
| Jackson                   | 392                      | \$165             | \$203 | \$184   | \$174        | \$200 | \$186   |
| Rest of State             |                          | \$160             | \$225 | \$193   | \$160        | \$235 | \$199   |



| State                      | First 3 Zip Code Numbers | Semi-Private Room |       |         | Private Room |       |         |
|----------------------------|--------------------------|-------------------|-------|---------|--------------|-------|---------|
|                            |                          | Low               | High  | Average | Low          | High  | Average |
| <b>Missouri (MO)</b>       |                          | \$100             | \$194 | \$141   | \$105        | \$255 | \$160   |
| Kansas City                | 641                      | \$125             | \$164 | \$144   | \$130        | \$186 | \$157   |
| Saint Louis                | 631                      | \$136             | \$194 | \$158   | \$145        | \$255 | \$186   |
| Rest of State              |                          | \$100             | \$175 | \$132   | \$105        | \$205 | \$149   |
| <b>Montana (MT)</b>        |                          | \$125             | \$219 | \$180   | \$143        | \$273 | \$193   |
| Billings                   | 591                      | \$125             | \$202 | \$177   | \$143        | \$217 | \$193   |
| Rest of State              |                          | \$160             | \$219 | \$181   | \$165        | \$273 | \$194   |
| <b>Nebraska (NE)</b>       |                          | \$92              | \$235 | \$163   | \$118        | \$250 | \$178   |
| Omaha                      | 681                      | \$171             | \$225 | \$194   | \$177        | \$250 | \$211   |
| Rest of State              |                          | \$92              | \$235 | \$148   | \$118        | \$245 | \$162   |
| <b>Nevada (NV)</b>         |                          | \$110             | \$244 | \$206   | \$170        | \$436 | \$237   |
| Las Vegas                  | 891                      | \$170             | \$244 | \$207   | \$170        | \$248 | \$215   |
| Rest of State              |                          | \$110             | \$240 | \$206   | \$200        | \$436 | \$248   |
| <b>New Hampshire (NH)</b>  |                          | \$200             | \$339 | \$276   | \$200        | \$583 | \$309   |
| Manchester                 | 031                      | \$219             | \$322 | \$276   | \$245        | \$583 | \$330   |
| Rest of State              |                          | \$200             | \$339 | \$276   | \$200        | \$369 | \$299   |
| <b>New Jersey (NJ)</b>     |                          | \$169             | \$344 | \$286   | \$203        | \$550 | \$316   |
| Bridgewater Area           | 088                      | \$275             | \$342 | \$303   | \$292        | \$411 | \$332   |
| Cherry Hill Area           | 080                      | \$235             | \$344 | \$289   | \$240        | \$379 | \$309   |
| Rest of State              |                          | \$169             | \$339 | \$274   | \$203        | \$550 | \$309   |
| <b>New Mexico (NM)</b>     |                          | \$136             | \$362 | \$189   | \$142        | \$372 | \$216   |
| Albuquerque                | 871                      | \$160             | \$215 | \$193   | \$181        | \$270 | \$226   |
| Rest of State              |                          | \$136             | \$362 | \$188   | \$142        | \$372 | \$212   |
| <b>New York (NY)</b>       |                          | \$229             | \$515 | \$344   | \$244        | \$515 | \$358   |
| New York                   | 100-114                  | \$250             | \$515 | \$369   | \$275        | \$515 | \$387   |
| Rochester                  | 146                      | \$285             | \$381 | \$332   | \$300        | \$392 | \$344   |
| Syracuse                   | 132                      | \$310             | \$350 | \$322   | \$322        | \$350 | \$329   |
| Rest of State              |                          | \$229             | \$430 | \$326   | \$244        | \$450 | \$340   |
| <b>North Carolina (NC)</b> |                          | \$158             | \$272 | \$194   | \$165        | \$475 | \$217   |
| Charlotte                  | 282                      | \$170             | \$270 | \$208   | \$180        | \$271 | \$228   |
| Raleigh/Durham             | 276,277                  | \$158             | \$272 | \$196   | \$180        | \$475 | \$242   |
| Rest of State              |                          | \$160             | \$226 | \$184   | \$165        | \$228 | \$195   |

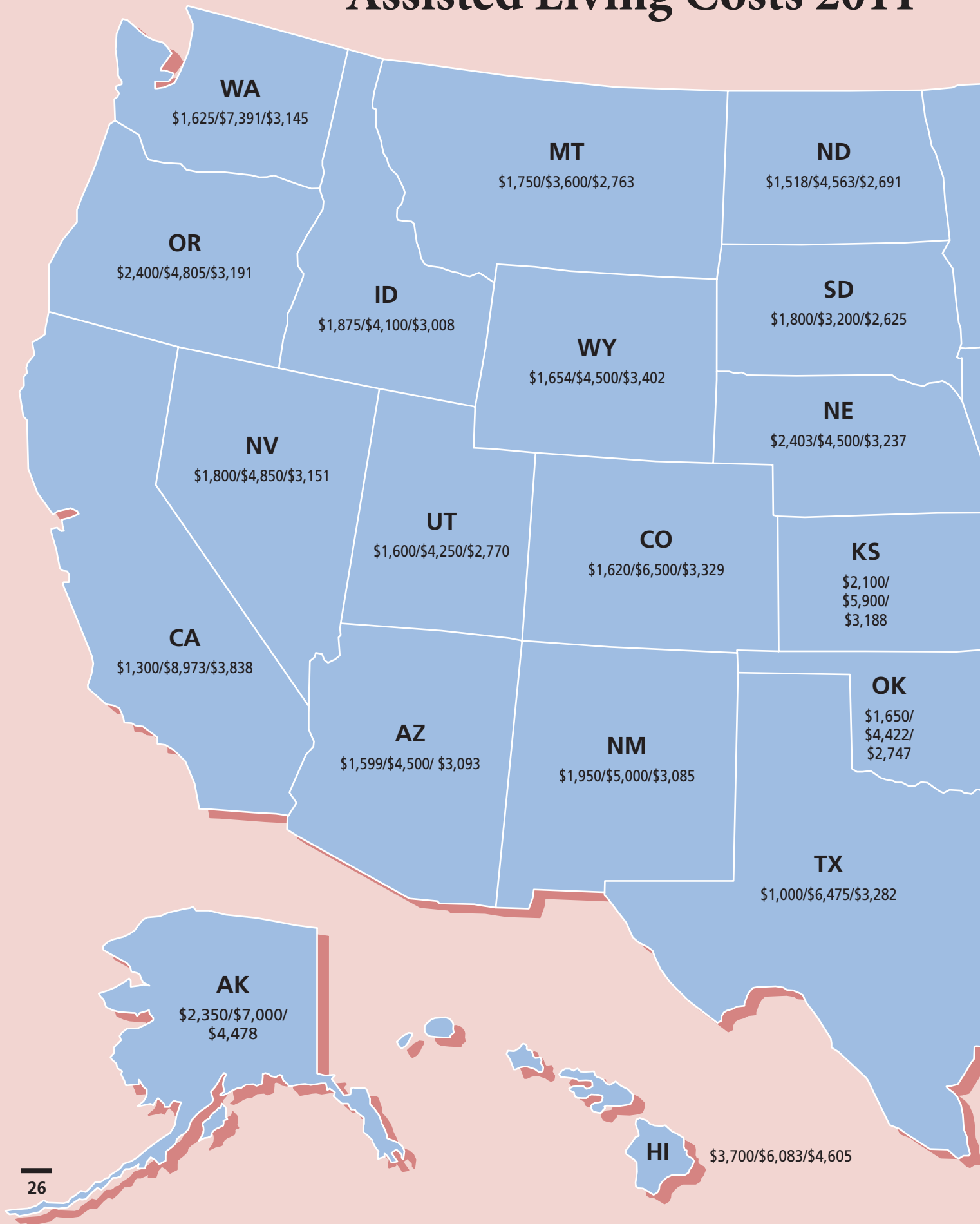
## Nursing Home Costs 2011

| State                      | First 3 Zip Code Numbers | Semi-Private Room |       |         | Private Room |       |         |
|----------------------------|--------------------------|-------------------|-------|---------|--------------|-------|---------|
|                            |                          | Low               | High  | Average | Low          | High  | Average |
| <b>North Dakota (ND)</b>   |                          | \$141             | \$194 | \$161   | \$144        | \$265 | \$175   |
| Fargo Area                 | 581                      | \$142             | \$175 | \$161   | \$158        | \$265 | \$182   |
| Rest of State              |                          | \$141             | \$194 | \$161   | \$144        | \$214 | \$172   |
| <b>Ohio (OH)</b>           |                          | \$145             | \$300 | \$199   | \$160        | \$367 | \$223   |
| Cincinnati                 | 452                      | \$145             | \$300 | \$207   | \$182        | \$300 | \$233   |
| Cleveland                  | 441                      | \$170             | \$283 | \$208   | \$170        | \$367 | \$241   |
| Columbus                   | 432                      | \$170             | \$229 | \$205   | \$170        | \$278 | \$219   |
| Rest of State              |                          | \$150             | \$231 | \$190   | \$160        | \$265 | \$211   |
| <b>Oklahoma (OK)</b>       |                          | \$105             | \$162 | \$133   | \$115        | \$324 | \$172   |
| Oklahoma City              | 731                      | \$120             | \$162 | \$140   | \$130        | \$324 | \$209   |
| Tulsa                      | 741                      | \$127             | \$155 | \$136   | \$155        | \$300 | \$183   |
| Rest of State              |                          | \$105             | \$145 | \$128   | \$115        | \$276 | \$150   |
| <b>Oregon (OR)</b>         |                          | \$205             | \$348 | \$228   | \$210        | \$550 | \$253   |
| Eugene                     | 974                      | \$205             | \$348 | \$236   | \$215        | \$348 | \$257   |
| Portland                   | 972                      | \$209             | \$262 | \$224   | \$210        | \$273 | \$243   |
| Rest of State              |                          | \$206             | \$246 | \$226   | \$214        | \$550 | \$256   |
| <b>Pennsylvania (PA)</b>   |                          | \$115             | \$355 | \$254   | \$184        | \$383 | \$270   |
| Philadelphia               | 191                      | \$204             | \$292 | \$261   | \$195        | \$325 | \$285   |
| Pittsburgh                 | 152                      | \$212             | \$355 | \$283   | \$225        | \$383 | \$301   |
| Scranton                   | 185                      | \$115             | \$255 | \$221   | \$200        | \$250 | \$236   |
| Rest of State              |                          | \$178             | \$335 | \$250   | \$184        | \$346 | \$259   |
| <b>Rhode Island (RI)</b>   |                          | \$174             | \$326 | \$254   | \$174        | \$378 | \$280   |
| Providence                 | 029                      | \$242             | \$326 | \$265   | \$250        | \$378 | \$288   |
| Rest of State              |                          | \$174             | \$320 | \$250   | \$174        | \$347 | \$276   |
| <b>South Carolina (SC)</b> |                          | \$145             | \$219 | \$176   | \$150        | \$270 | \$196   |
| Charleston                 | 294                      | \$145             | \$211 | \$173   | \$150        | \$235 | \$194   |
| Columbia                   | 292                      | \$153             | \$219 | \$187   | \$161        | \$248 | \$210   |
| Rest of State              |                          | \$150             | \$197 | \$174   | \$155        | \$270 | \$191   |
| <b>South Dakota (SD)</b>   |                          | \$150             | \$228 | \$179   | \$149        | \$264 | \$194   |
| Rapid City Area            | 577                      | \$160             | \$228 | \$201   | \$170        | \$238 | \$213   |
| Rest of State              |                          | \$150             | \$202 | \$169   | \$149        | \$264 | \$186   |



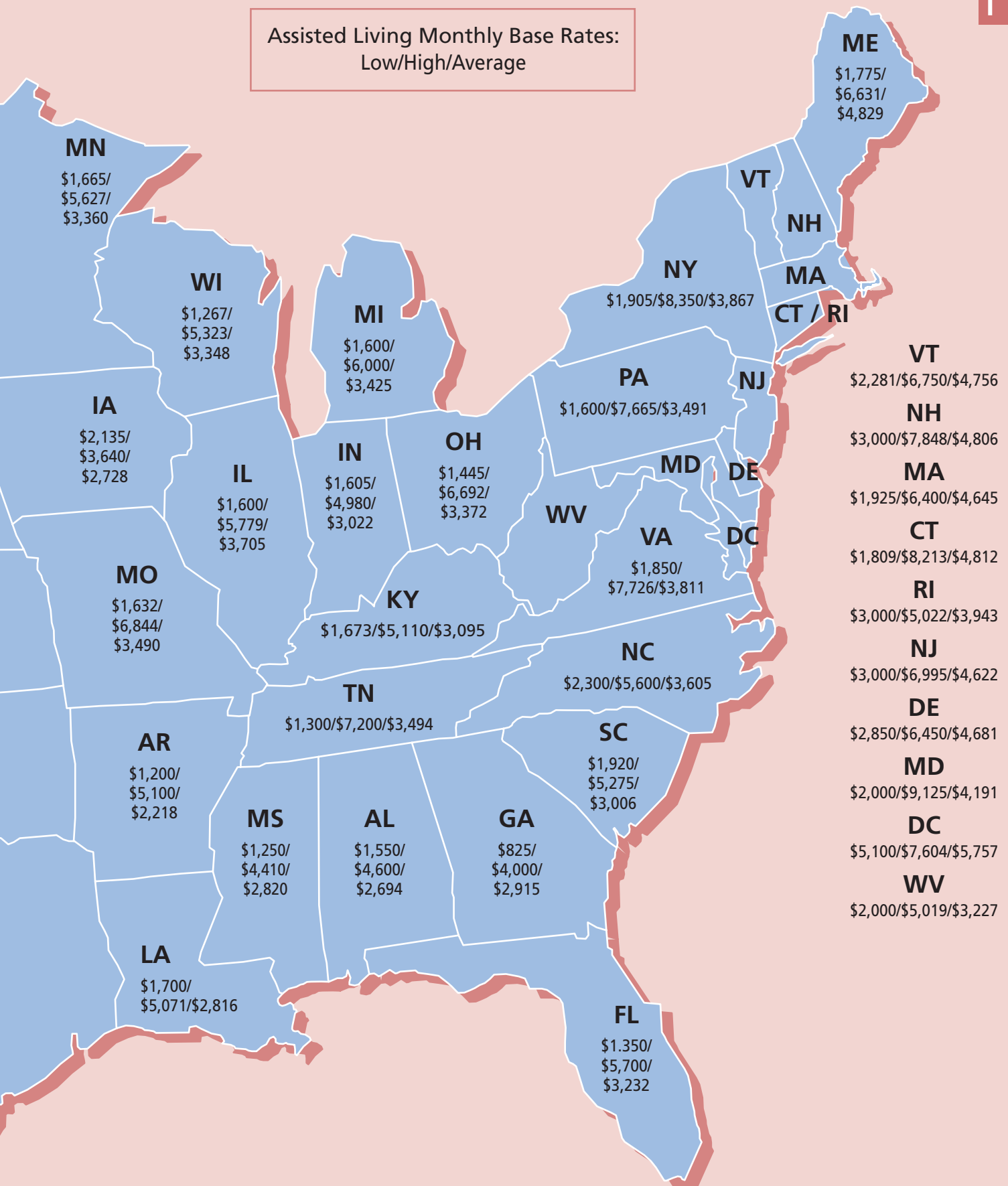
| State                     | First 3 Zip Code Numbers | Semi-Private Room |       |              | Private Room |       |              |
|---------------------------|--------------------------|-------------------|-------|--------------|--------------|-------|--------------|
|                           |                          | Low               | High  | Average      | Low          | High  | Average      |
| <b>Tennessee (TN)</b>     |                          | \$125             | \$280 | \$174        | \$125        | \$350 | \$191        |
| Memphis                   | 381                      | \$125             | \$187 | \$170        | \$182        | \$202 | \$191        |
| Nashville                 | 372                      | \$142             | \$223 | \$180        | \$170        | \$251 | \$200        |
| Rest of State             |                          | \$125             | \$280 | \$173        | \$125        | \$350 | \$186        |
| <b>Texas (TX)</b>         |                          | \$90              | \$216 | \$139        | \$90         | \$286 | \$188        |
| Austin                    | 787                      | \$90              | \$216 | \$152        | \$152        | \$281 | \$203        |
| Dallas/Ft. Worth          | 752,761                  | \$90              | \$187 | \$144        | \$90         | \$218 | \$190        |
| Houston                   | 770                      | \$114             | \$183 | \$144        | \$130        | \$255 | \$198        |
| Rest of State             |                          | \$90              | \$195 | \$128        | \$115        | \$286 | \$177        |
| <b>Utah (UT)</b>          |                          | \$133             | \$225 | \$165        | \$133        | \$350 | \$211        |
| Salt Lake City            | 841                      | \$150             | \$225 | \$182        | \$182        | \$350 | \$230        |
| Rest of State             |                          | \$133             | \$189 | \$156        | \$133        | \$344 | \$201        |
| <b>Vermont (VT)</b>       |                          | \$185             | \$315 | \$252        | \$200        | \$490 | \$279        |
| <b>Virginia (VA)</b>      |                          | \$150             | \$375 | \$201        | \$155        | \$407 | \$217        |
| Alexandria Area           | 222,223                  | \$227             | \$375 | \$277        | \$252        | \$407 | \$311        |
| Richmond Area             | 230,232                  | \$160             | \$257 | \$200        | \$170        | \$250 | \$211        |
| Rest of State             |                          | \$150             | \$228 | \$176        | \$155        | \$240 | \$190        |
| <b>Washington (WA)</b>    |                          | \$168             | \$327 | \$240        | \$175        | \$352 | \$263        |
| Seattle                   | 981                      | \$205             | \$327 | \$251        | \$230        | \$352 | \$285        |
| Spokane                   | 992                      | \$225             | \$294 | \$254        | \$231        | \$335 | \$269        |
| Rest of State             |                          | \$168             | \$308 | \$229        | \$175        | \$350 | \$252        |
| <b>West Virginia (WV)</b> |                          | \$140             | \$450 | \$229        | \$145        | \$450 | \$238        |
| Charleston Area           | 250-253                  | \$175             | \$280 | \$224        | \$180        | \$290 | \$232        |
| Rest of State             |                          | \$140             | \$450 | \$230        | \$145        | \$450 | \$240        |
| <b>Wisconsin (WI)</b>     |                          | \$165             | \$305 | \$224        | \$178        | \$347 | \$245        |
| Madison Area              | 535,537                  | \$187             | \$305 | \$237        | \$195        | \$310 | \$251        |
| Milwaukee                 | 532                      | \$191             | \$271 | \$244        | \$210        | \$347 | \$274        |
| Rest of State             |                          | \$165             | \$298 | \$211        | \$178        | \$325 | \$228        |
| <b>Wyoming (WY)</b>       |                          | \$164             | \$229 | \$193        | \$177        | \$350 | \$212        |
| <b>NATIONAL AVERAGE</b>   |                          |                   |       | <b>\$214</b> |              |       | <b>\$239</b> |

# Assisted Living Costs 2011





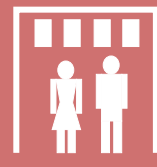
Assisted Living Monthly Base Rates:  
Low/High/Average



# Assisted Living Costs 2011

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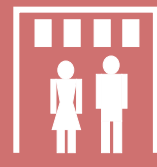
| State                   | First 3 Zip Code Numbers | Assisted Living Base Rate |         |         |
|-------------------------|--------------------------|---------------------------|---------|---------|
|                         |                          | Low                       | High    | Average |
| <b>Alabama (AL)</b>     |                          | \$1,550                   | \$4,600 | \$2,694 |
| Birmingham              | 352                      | \$2,575                   | \$4,495 | \$3,151 |
| Montgomery              | 361                      | \$1,950                   | \$3,445 | \$2,624 |
| Rest of State           |                          | \$1,550                   | \$4,600 | \$2,508 |
| <b>Alaska (AK)</b>      |                          | \$2,350                   | \$7,000 | \$4,478 |
| <b>Arizona (AZ)</b>     |                          | \$1,599                   | \$4,500 | \$3,093 |
| Phoenix                 | 850                      | \$2,200                   | \$4,173 | \$3,170 |
| Tucson                  | 857                      | \$2,400                   | \$3,700 | \$3,070 |
| Rest of State           |                          | \$1,599                   | \$4,500 | \$3,066 |
| <b>Arkansas (AR)</b>    |                          | \$1,200                   | \$5,100 | \$2,218 |
| Little Rock Area        | 720,722                  | \$1,650                   | \$3,130 | \$2,428 |
| Rest of State           |                          | \$1,200                   | \$5,100 | \$2,156 |
| <b>California (CA)</b>  |                          | \$1,300                   | \$8,973 | \$3,838 |
| Los Angeles             | 900                      | \$1,300                   | \$4,195 | \$2,715 |
| San Diego               | 921                      | \$2,075                   | \$6,900 | \$4,031 |
| San Francisco           | 940,941                  | \$3,200                   | \$5,999 | \$4,587 |
| Rest of State           |                          | \$1,750                   | \$8,973 | \$4,060 |
| <b>Colorado (CO)</b>    |                          | \$1,620                   | \$6,500 | \$3,329 |
| Colorado Springs        | 809                      | \$2,200                   | \$4,301 | \$3,242 |
| Denver                  | 802                      | \$1,620                   | \$4,500 | \$2,730 |
| Rest of State           |                          | \$2,415                   | \$6,500 | \$3,825 |
| <b>Connecticut (CT)</b> |                          | \$1,809                   | \$8,213 | \$4,812 |
| Hartford Area           | 060,061                  | \$3,210                   | \$6,630 | \$4,855 |
| Stamford Area           | 066-069                  | \$3,194                   | \$6,996 | \$4,852 |
| Rest of State           |                          | \$1,809                   | \$8,213 | \$4,766 |
| <b>Washington (DC)</b>  | 200                      | \$5,100                   | \$7,604 | \$5,757 |
| <b>Delaware (DE)</b>    |                          | \$2,850                   | \$6,450 | \$4,681 |
| Wilmington              | 198                      | \$3,042                   | \$6,450 | \$4,850 |
| Rest of State           |                          | \$2,850                   | \$5,788 | \$4,427 |



| State                | First 3 Zip Code Numbers | Assisted Living Base Rate |         |         |
|----------------------|--------------------------|---------------------------|---------|---------|
|                      |                          | Low                       | High    | Average |
| <b>Florida (FL)</b>  |                          | \$1,350                   | \$5,700 | \$3,232 |
| Jacksonville         | 322                      | \$1,800                   | \$4,985 | \$3,173 |
| Miami                | 331                      | \$1,500                   | \$5,250 | \$3,210 |
| Orlando              | 328                      | \$1,800                   | \$4,950 | \$3,201 |
| Rest of State        |                          | \$1,350                   | \$5,700 | \$3,279 |
| <b>Georgia (GA)</b>  |                          | \$825                     | \$4,000 | \$2,915 |
| Alpharetta           | 300                      | \$2,200                   | \$3,700 | \$2,822 |
| Atlanta              | 303                      | \$825                     | \$4,000 | \$2,828 |
| Rest of State        |                          | \$2,150                   | \$3,900 | \$3,095 |
| <b>Hawaii (HI)</b>   |                          | \$3,700                   | \$6,083 | \$4,605 |
| <b>Idaho (ID)</b>    |                          | \$1,875                   | \$4,100 | \$3,008 |
| Boise                | 837                      | \$2,355                   | \$4,100 | \$3,245 |
| Rest of State        |                          | \$1,875                   | \$3,376 | \$2,770 |
| <b>Illinois (IL)</b> |                          | \$1,600                   | \$5,779 | \$3,705 |
| Chicago              | 606                      | \$1,600                   | \$5,232 | \$3,384 |
| Highland Park Area   | 600                      | \$3,200                   | \$5,779 | \$4,517 |
| Peoria Area          | 614-616                  | \$1,700                   | \$3,589 | \$2,652 |
| Rest of State        |                          | \$2,550                   | \$5,700 | \$3,670 |
| <b>Indiana (IN)</b>  |                          | \$1,605                   | \$4,980 | \$3,022 |
| Fort Wayne Area      | 465-468                  | \$2,550                   | \$3,376 | \$2,998 |
| Indianapolis         | 462                      | \$1,977                   | \$3,863 | \$2,976 |
| Rest of State        |                          | \$1,605                   | \$4,980 | \$3,058 |
| <b>Iowa (IA)</b>     |                          | \$2,135                   | \$3,640 | \$2,728 |
| Des Moines Area      | 500-503                  | \$2,135                   | \$3,640 | \$2,761 |
| Rest of State        |                          | \$2,136                   | \$3,498 | \$2,694 |
| <b>Kansas (KS)</b>   |                          | \$2,100                   | \$5,900 | \$3,188 |
| Wichita              | 672                      | \$2,100                   | \$4,190 | \$2,901 |
| Rest of State        |                          | \$2,100                   | \$5,900 | \$3,353 |
| <b>Kentucky (KY)</b> |                          | \$1,673                   | \$5,110 | \$3,095 |
| Lexington Area       | 403-405                  | \$1,673                   | \$5,110 | \$2,967 |
| Louisville           | 402                      | \$2,500                   | \$4,740 | \$3,623 |
| Rest of State        |                          | \$1,687                   | \$3,500 | \$2,740 |

## Assisted Living Costs 2011

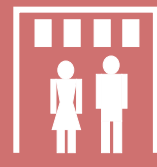
| State                     | First 3 Zip Code Numbers | Assisted Living Base Rate |         |         |
|---------------------------|--------------------------|---------------------------|---------|---------|
|                           |                          | Low                       | High    | Average |
| <b>Louisiana (LA)</b>     |                          | \$1,700                   | \$5,071 | \$2,816 |
| Baton Rouge               | 708                      | \$2,150                   | \$3,700 | \$2,704 |
| Shreveport Area           | 711                      | \$1,700                   | \$4,000 | \$2,559 |
| Rest of State             |                          | \$2,000                   | \$5,071 | \$2,946 |
| <b>Maine (ME)</b>         |                          | \$1,775                   | \$6,631 | \$4,829 |
| Southern ME               | 040,041                  | \$3,650                   | \$6,631 | \$5,237 |
| Rest of State             |                          | \$1,775                   | \$5,250 | \$3,809 |
| <b>Maryland (MD)</b>      |                          | \$2,000                   | \$9,125 | \$4,191 |
| Baltimore                 | 212                      | \$2,000                   | \$5,995 | \$3,830 |
| Silver Spring             | 209                      | \$2,280                   | \$6,500 | \$3,908 |
| Rest of State             |                          | \$2,654                   | \$9,125 | \$4,441 |
| <b>Massachusetts (MA)</b> |                          | \$1,925                   | \$6,400 | \$4,645 |
| Boston                    | 021                      | \$1,925                   | \$6,400 | \$4,694 |
| Worcester Area            | 014-017                  | \$3,955                   | \$5,456 | \$4,629 |
| Rest of State             |                          | \$2,850                   | \$6,357 | \$4,618 |
| <b>Michigan (MI)</b>      |                          | \$1,600                   | \$6,000 | \$3,425 |
| Detroit Area              | 481-483                  | \$1,600                   | \$6,000 | \$3,349 |
| Grand Rapids              | 495                      | \$2,680                   | \$4,830 | \$3,520 |
| Rest of State             |                          | \$2,450                   | \$5,776 | \$3,438 |
| <b>Minnesota (MN)</b>     |                          | \$1,665                   | \$5,627 | \$3,360 |
| Minneapolis/St. Paul      | 551,554                  | \$1,665                   | \$5,627 | \$3,362 |
| Rochester Area            | 559                      | \$1,791                   | \$5,000 | \$3,343 |
| Rest of State             |                          | \$2,250                   | \$5,232 | \$3,378 |
| <b>Mississippi (MS)</b>   |                          | \$1,250                   | \$4,410 | \$2,820 |
| Jackson Area              | 390,391                  | \$1,250                   | \$4,410 | \$2,863 |
| Rest of State             |                          | \$1,495                   | \$3,802 | \$2,748 |
| <b>Missouri (MO)</b>      |                          | \$1,632                   | \$6,844 | \$3,490 |
| Kansas City Area          | 640,641                  | \$1,632                   | \$6,844 | \$3,398 |
| Saint Louis               | 631                      | \$3,227                   | \$6,600 | \$4,289 |
| Rest of State             |                          | \$1,977                   | \$5,658 | \$3,050 |



| State                      | First 3 Zip Code Numbers | Assisted Living Base Rate |         |         |
|----------------------------|--------------------------|---------------------------|---------|---------|
|                            |                          | Low                       | High    | Average |
| <b>Montana (MT)</b>        |                          | \$1,750                   | \$3,600 | \$2,763 |
| Billings                   | 590,591                  | \$1,750                   | \$3,300 | \$2,607 |
| Rest of State              |                          | \$2,106                   | \$3,600 | \$2,861 |
| <b>Nebraska (NE)</b>       |                          | \$2,403                   | \$4,500 | \$3,237 |
| Omaha                      | 681                      | \$2,590                   | \$4,500 | \$3,446 |
| Rest of State              |                          | \$2,403                   | \$3,588 | \$2,976 |
| <b>Nevada (NV)</b>         |                          | \$1,800                   | \$4,850 | \$3,151 |
| Las Vegas                  | 891                      | \$1,800                   | \$3,893 | \$3,046 |
| Rest of State              |                          | \$2,600                   | \$4,850 | \$3,331 |
| <b>New Hampshire (NH)</b>  |                          | \$3,000                   | \$7,848 | \$4,806 |
| Manchester Area            | 030,031                  | \$3,042                   | \$7,848 | \$5,101 |
| Rest of State              |                          | \$3,000                   | \$6,100 | \$4,274 |
| <b>New Jersey (NJ)</b>     |                          | \$3,000                   | \$6,995 | \$4,622 |
| Bridgewater Area           | 085-088                  | \$3,498                   | \$5,880 | \$4,551 |
| Cherry Hill Area           | 080,081                  | \$3,000                   | \$5,901 | \$4,140 |
| Rest of State              |                          | \$3,875                   | \$6,995 | \$5,000 |
| <b>New Mexico (NM)</b>     |                          | \$1,950                   | \$5,000 | \$3,085 |
| Albuquerque                | 871                      | \$1,950                   | \$5,000 | \$3,103 |
| Rest of State              |                          | \$2,835                   | \$3,200 | \$3,027 |
| <b>New York (NY)</b>       |                          | \$1,905                   | \$8,350 | \$3,867 |
| New York                   | 100-114                  | \$3,000                   | \$8,322 | \$4,543 |
| Rochester                  | 144-146                  | \$2,510                   | \$4,950 | \$3,282 |
| Syracuse                   | 130-132                  | \$1,905                   | \$4,800 | \$3,543 |
| Rest of State              |                          | \$2,125                   | \$8,350 | \$3,922 |
| <b>North Carolina (NC)</b> |                          | \$2,300                   | \$5,600 | \$3,605 |
| Charlotte                  | 282                      | \$2,700                   | \$5,600 | \$3,734 |
| Raleigh/Durham             | 276,277                  | \$2,300                   | \$3,970 | \$3,446 |
| Rest of State              |                          | \$2,555                   | \$4,835 | \$3,611 |
| <b>North Dakota (ND)</b>   |                          | \$1,518                   | \$4,563 | \$2,691 |

## Assisted Living Costs 2011

| State                      | First 3 Zip Code Numbers | Assisted Living Base Rate |         |         |
|----------------------------|--------------------------|---------------------------|---------|---------|
|                            |                          | Low                       | High    | Average |
| <b>Ohio (OH)</b>           |                          | \$1,445                   | \$6,692 | \$3,372 |
| Cincinnati                 | 452                      | \$2,220                   | \$5,450 | \$3,279 |
| Cleveland                  | 441                      | \$2,050                   | \$6,692 | \$3,456 |
| Columbus Area              | 430-432                  | \$2,169                   | \$6,144 | \$3,951 |
| Rest of State              |                          | \$1,445                   | \$4,185 | \$3,015 |
| <b>Oklahoma (OK)</b>       |                          | \$1,650                   | \$4,422 | \$2,747 |
| Oklahoma City              | 731                      | \$1,650                   | \$3,200 | \$2,417 |
| Tulsa                      | 741                      | \$2,125                   | \$4,422 | \$3,235 |
| Rest of State              |                          | \$2,245                   | \$3,070 | \$2,612 |
| <b>Oregon (OR)</b>         |                          | \$2,400                   | \$4,805 | \$3,191 |
| Eugene                     | 974                      | \$2,400                   | \$4,075 | \$3,109 |
| Portland                   | 972                      | \$2,724                   | \$4,805 | \$3,431 |
| Rest of State              |                          | \$2,450                   | \$3,845 | \$3,032 |
| <b>Pennsylvania (PA)</b>   |                          | \$1,600                   | \$7,665 | \$3,491 |
| Philadelphia Area          | 190,191                  | \$1,800                   | \$7,665 | \$4,129 |
| Pittsburgh                 | 152                      | \$2,100                   | \$4,340 | \$3,431 |
| Scranton Area              | 182-187                  | \$1,600                   | \$5,220 | \$2,972 |
| Rest of State              |                          | \$1,660                   | \$4,898 | \$3,377 |
| <b>Rhode Island (RI)</b>   |                          | \$3,000                   | \$5,022 | \$3,943 |
| Providence                 | 029                      | \$3,000                   | \$5,022 | \$4,167 |
| Rest of State              |                          | \$3,250                   | \$4,500 | \$3,718 |
| <b>South Carolina (SC)</b> |                          | \$1,920                   | \$5,275 | \$3,006 |
| Charleston                 | 294                      | \$2,000                   | \$3,720 | \$3,025 |
| Columbia Area              | 290-292                  | \$2,000                   | \$5,275 | \$3,281 |
| Rest of State              |                          | \$1,920                   | \$3,612 | \$2,831 |
| <b>South Dakota (SD)</b>   |                          | \$1,800                   | \$3,200 | \$2,625 |
| Rapid City Area            | 577                      | \$1,950                   | \$3,110 | \$2,718 |
| Rest of State              |                          | \$1,800                   | \$3,200 | \$2,584 |
| <b>Tennessee (TN)</b>      |                          | \$1,300                   | \$7,200 | \$3,494 |
| Memphis                    | 381                      | \$1,300                   | \$7,200 | \$3,467 |
| Nashville Area             | 371,372                  | \$2,595                   | \$6,758 | \$3,979 |
| Rest of State              |                          | \$2,295                   | \$4,550 | \$3,113 |



| State                     | First 3 Zip Code Numbers | Assisted Living Base Rate |         |                |
|---------------------------|--------------------------|---------------------------|---------|----------------|
|                           |                          | Low                       | High    | Average        |
| <b>Texas (TX)</b>         |                          | \$1,000                   | \$6,475 | \$3,282        |
| Austin                    | 787                      | \$3,275                   | \$4,830 | \$3,838        |
| Dallas/Ft. Worth          | 752,761                  | \$2,300                   | \$5,660 | \$3,324        |
| Houston                   | 770                      | \$1,650                   | \$6,475 | \$3,735        |
| Rest of State             |                          | \$1,000                   | \$3,472 | \$2,780        |
| <b>Utah (UT)</b>          |                          | \$1,600                   | \$4,250 | \$2,770        |
| Salt Lake City            | 841                      | \$1,800                   | \$3,495 | \$2,640        |
| Rest of State             |                          | \$1,600                   | \$4,250 | \$2,840        |
| <b>Vermont (VT)</b>       |                          | \$2,281                   | \$6,750 | \$4,756        |
| <b>Virginia (VA)</b>      |                          | \$1,850                   | \$7,726 | \$3,811        |
| Northern VA               | 220-223                  | \$2,821                   | \$7,726 | \$4,685        |
| Richmond                  | 232                      | \$1,850                   | \$4,563 | \$3,466        |
| Rest of State             |                          | \$1,950                   | \$5,766 | \$3,353        |
| <b>Washington (WA)</b>    |                          | \$1,625                   | \$7,391 | \$3,145        |
| Seattle                   | 981                      | \$2,300                   | \$7,391 | \$3,491        |
| Spokane                   | 992                      | \$1,625                   | \$4,090 | \$2,991        |
| Rest of State             |                          | \$2,095                   | \$4,733 | \$3,011        |
| <b>West Virginia (WV)</b> |                          | \$2,000                   | \$5,019 | \$3,227        |
| <b>Wisconsin (WI)</b>     |                          | \$1,267                   | \$5,323 | \$3,348        |
| Madison                   | 537                      | \$2,495                   | \$5,323 | \$3,601        |
| Milwaukee                 | 532                      | \$2,000                   | \$4,900 | \$3,611        |
| Rest of State             |                          | \$1,267                   | \$4,076 | \$3,089        |
| <b>Wyoming (WY)</b>       |                          | \$1,654                   | \$4,500 | \$3,402        |
| <b>NATIONAL AVERAGE</b>   |                          |                           |         | <b>\$3,477</b> |

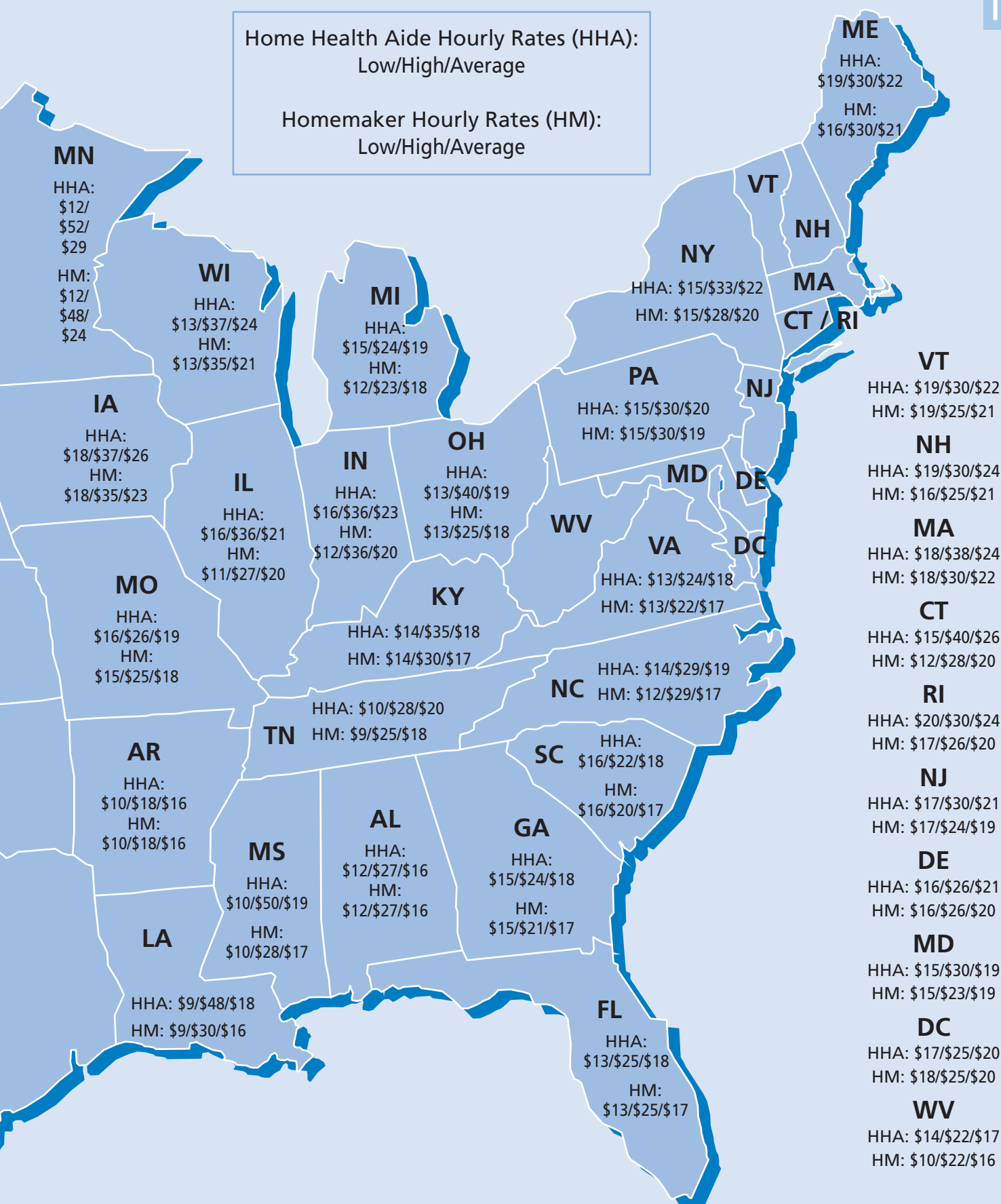
# Home Care Costs 2011





Home Health Aide Hourly Rates (HHA):  
Low/High/Average

Homemaker Hourly Rates (HM):  
Low/High/Average



# Home Care Costs 2011

| State                   | First 3 Zip Code Numbers | Home Health Aide |      |         | Homemaker |      |         |
|-------------------------|--------------------------|------------------|------|---------|-----------|------|---------|
|                         |                          | Low              | High | Average | Low       | High | Average |
| <b>Alabama (AL)</b>     |                          | \$12             | \$27 | \$16    | \$12      | \$27 | \$16    |
| Birmingham              | 352                      | \$12             | \$18 | \$15    | \$12      | \$17 | \$15    |
| Montgomery              | 361                      | \$14             | \$23 | \$16    | \$14      | \$23 | \$16    |
| Rest of State           |                          | \$14             | \$27 | \$17    | \$13      | \$27 | \$17    |
| <b>Alaska (AK)</b>      |                          | \$16             | \$29 | \$25    | \$16      | \$27 | \$24    |
| <b>Arizona (AZ)</b>     |                          | \$16             | \$28 | \$22    | \$15      | \$25 | \$19    |
| Phoenix                 | 850                      | \$20             | \$25 | \$23    | \$19      | \$25 | \$21    |
| Tucson                  | 857                      | \$16             | \$23 | \$20    | \$15      | \$22 | \$18    |
| Rest of State           |                          | \$16             | \$28 | \$23    | \$16      | \$23 | \$19    |
| <b>Arkansas (AR)</b>    |                          | \$10             | \$18 | \$16    | \$10      | \$18 | \$16    |
| Little Rock             | 721,722                  | \$14             | \$18 | \$16    | \$14      | \$18 | \$16    |
| Rest of State           |                          | \$10             | \$18 | \$16    | \$10      | \$18 | \$16    |
| <b>California (CA)</b>  |                          | \$15             | \$28 | \$21    | \$15      | \$28 | \$20    |
| Los Angeles             | 900                      | \$15             | \$23 | \$18    | \$15      | \$21 | \$18    |
| San Diego               | 921                      | \$19             | \$22 | \$21    | \$19      | \$22 | \$21    |
| San Francisco           | 941                      | \$17             | \$28 | \$23    | \$15      | \$28 | \$23    |
| Rest of State           |                          | \$17             | \$27 | \$21    | \$17      | \$26 | \$20    |
| <b>Colorado (CO)</b>    |                          | \$15             | \$40 | \$25    | \$12      | \$40 | \$21    |
| Colorado Springs        | 809                      | \$20             | \$34 | \$23    | \$15      | \$23 | \$19    |
| Denver                  | 802                      | \$16             | \$40 | \$24    | \$16      | \$30 | \$22    |
| Rest of State           |                          | \$15             | \$40 | \$26    | \$12      | \$40 | \$21    |
| <b>Connecticut (CT)</b> |                          | \$15             | \$40 | \$26    | \$12      | \$28 | \$20    |
| Hartford                | 061                      | \$15             | \$34 | \$22    | \$12      | \$28 | \$19    |
| Stamford Area           | 068,069                  | \$23             | \$35 | \$27    | \$18      | \$28 | \$22    |
| Rest of State           |                          | \$20             | \$40 | \$26    | \$16      | \$26 | \$19    |
| <b>Washington (DC)</b>  | 200                      | \$17             | \$25 | \$20    | \$18      | \$25 | \$20    |
| <b>Delaware (DE)</b>    |                          | \$16             | \$26 | \$21    | \$16      | \$26 | \$20    |
| Wilmington              | 198                      | \$18             | \$24 | \$21    | \$18      | \$22 | \$20    |
| Rest of State           |                          | \$16             | \$26 | \$21    | \$16      | \$26 | \$20    |



| State                | First 3 Zip Code Numbers | Home Health Aide |      |         | Homemaker |      |         |
|----------------------|--------------------------|------------------|------|---------|-----------|------|---------|
|                      |                          | Low              | High | Average | Low       | High | Average |
| <b>Florida (FL)</b>  |                          | \$13             | \$25 | \$18    | \$13      | \$25 | \$17    |
| Jacksonville         | 322                      | \$16             | \$25 | \$19    | \$15      | \$19 | \$17    |
| Miami                | 331                      | \$13             | \$20 | \$16    | \$13      | \$20 | \$16    |
| Orlando              | 328                      | \$15             | \$19 | \$18    | \$15      | \$19 | \$17    |
| Rest of State        |                          | \$15             | \$25 | \$18    | \$15      | \$25 | \$17    |
| <b>Georgia (GA)</b>  |                          | \$15             | \$24 | \$18    | \$15      | \$21 | \$17    |
| Atlanta              | 303                      | \$15             | \$19 | \$17    | \$15      | \$19 | \$17    |
| Marietta Area        | 300                      | \$15             | \$18 | \$17    | \$16      | \$18 | \$17    |
| Rest of State        |                          | \$15             | \$24 | \$19    | \$15      | \$21 | \$17    |
| <b>Hawaii (HI)</b>   |                          | \$18             | \$28 | \$23    | \$16      | \$25 | \$21    |
| Honolulu             | 968                      | \$18             | \$28 | \$23    | \$16      | \$25 | \$20    |
| Rest of State        |                          | \$24             | \$28 | \$26    | \$20      | \$25 | \$23    |
| <b>Idaho (ID)</b>    |                          | \$15             | \$26 | \$19    | \$15      | \$26 | \$19    |
| Boise                | 837                      | \$17             | \$21 | \$19    | \$17      | \$20 | \$19    |
| Rest of State        |                          | \$15             | \$26 | \$19    | \$15      | \$26 | \$18    |
| <b>Illinois (IL)</b> |                          | \$16             | \$36 | \$21    | \$11      | \$27 | \$20    |
| Chicago              | 606                      | \$19             | \$25 | \$22    | \$18      | \$25 | \$21    |
| Highland Park Area   | 600                      | \$18             | \$27 | \$21    | \$17      | \$27 | \$21    |
| Peoria Area          | 615-617                  | \$17             | \$21 | \$19    | \$16      | \$19 | \$17    |
| Rest of State        |                          | \$16             | \$36 | \$22    | \$11      | \$26 | \$19    |
| <b>Indiana (IN)</b>  |                          | \$16             | \$36 | \$23    | \$12      | \$36 | \$20    |
| Fort Wayne Area      | 467-469                  | \$18             | \$24 | \$20    | \$16      | \$22 | \$18    |
| Indianapolis         | 462                      | \$18             | \$30 | \$23    | \$15      | \$30 | \$20    |
| Rest of State        |                          | \$16             | \$36 | \$24    | \$12      | \$36 | \$21    |
| <b>Iowa (IA)</b>     |                          | \$18             | \$37 | \$26    | \$18      | \$35 | \$23    |
| Des Moines Area      | 503-522                  | \$20             | \$35 | \$25    | \$19      | \$35 | \$22    |
| Rest of State        |                          | \$18             | \$37 | \$26    | \$18      | \$34 | \$23    |
| <b>Kansas (KS)</b>   |                          | \$12             | \$30 | \$20    | \$12      | \$30 | \$18    |
| Wichita              | 672                      | \$15             | \$19 | \$18    | \$15      | \$19 | \$17    |
| Rest of State        |                          | \$12             | \$30 | \$20    | \$12      | \$30 | \$19    |

## Home Care Costs 2011

| State                     | First 3 Zip Code Numbers | Home Health Aide |      |         | Homemaker |      |         |
|---------------------------|--------------------------|------------------|------|---------|-----------|------|---------|
|                           |                          | Low              | High | Average | Low       | High | Average |
| <b>Kentucky (KY)</b>      |                          | \$14             | \$35 | \$18    | \$14      | \$30 | \$17    |
| Lexington                 | 405                      | \$16             | \$20 | \$17    | \$16      | \$19 | \$17    |
| Louisville                | 402                      | \$14             | \$19 | \$17    | \$14      | \$18 | \$16    |
| Rest of State             |                          | \$15             | \$35 | \$19    | \$14      | \$30 | \$18    |
| <b>Louisiana (LA)</b>     |                          | \$9              | \$48 | \$18    | \$9       | \$30 | \$16    |
| Baton Rouge               | 708                      | \$13             | \$18 | \$16    | \$13      | \$18 | \$15    |
| Shreveport Area           | 711                      | \$9              | \$16 | \$14    | \$9       | \$15 | \$13    |
| Rest of State             |                          | \$13             | \$48 | \$20    | \$12      | \$30 | \$17    |
| <b>Maine (ME)</b>         |                          | \$19             | \$30 | \$22    | \$16      | \$30 | \$21    |
| <b>Maryland (MD)</b>      |                          | \$15             | \$30 | \$19    | \$15      | \$23 | \$19    |
| Baltimore                 | 212                      | \$16             | \$23 | \$19    | \$16      | \$23 | \$19    |
| Silver Spring             | 209                      | \$16             | \$22 | \$19    | \$16      | \$23 | \$19    |
| Rest of State             |                          | \$15             | \$30 | \$20    | \$15      | \$21 | \$18    |
| <b>Massachusetts (MA)</b> |                          | \$18             | \$38 | \$24    | \$18      | \$30 | \$22    |
| Boston Area               | 021                      | \$22             | \$38 | \$25    | \$19      | \$24 | \$22    |
| Worcester Area            | 015,016                  | \$19             | \$30 | \$23    | \$19      | \$30 | \$23    |
| Rest of State             |                          | \$18             | \$32 | \$24    | \$18      | \$30 | \$22    |
| <b>Michigan (MI)</b>      |                          | \$15             | \$24 | \$19    | \$12      | \$23 | \$18    |
| Detroit                   | 482                      | \$17             | \$23 | \$19    | \$16      | \$23 | \$19    |
| Grand Rapids              | 495                      | \$16             | \$22 | \$19    | \$16      | \$21 | \$18    |
| Rest of State             |                          | \$15             | \$24 | \$20    | \$12      | \$23 | \$18    |
| <b>Minnesota (MN)</b>     |                          | \$12             | \$52 | \$29    | \$12      | \$48 | \$24    |
| Minneapolis/St. Paul      | 551-554                  | \$12             | \$40 | \$25    | \$12      | \$30 | \$21    |
| Rochester Area            | 559                      | \$26             | \$52 | \$34    | \$20      | \$48 | \$29    |
| Rest of State             |                          | \$17             | \$38 | \$29    | \$12      | \$35 | \$23    |
| <b>Mississippi (MS)</b>   |                          | \$10             | \$50 | \$19    | \$10      | \$28 | \$17    |
| Jackson                   | 392                      | \$13             | \$25 | \$17    | \$13      | \$21 | \$16    |
| Rest of State             |                          | \$10             | \$50 | \$21    | \$10      | \$28 | \$17    |
| <b>Missouri (MO)</b>      |                          | \$16             | \$26 | \$19    | \$15      | \$25 | \$18    |
| Kansas City               | 641                      | \$17             | \$25 | \$19    | \$16      | \$25 | \$18    |
| Saint Louis               | 631                      | \$16             | \$24 | \$19    | \$15      | \$24 | \$19    |
| Rest of State             |                          | \$16             | \$26 | \$19    | \$16      | \$24 | \$18    |



| State                      | First 3 Zip Code Numbers | Home Health Aide |      |         | Homemaker |      |         |
|----------------------------|--------------------------|------------------|------|---------|-----------|------|---------|
|                            |                          | Low              | High | Average | Low       | High | Average |
| <b>Montana (MT)</b>        |                          | \$9              | \$30 | \$21    | \$9       | \$30 | \$20    |
| Billings                   | 591                      | \$19             | \$30 | \$22    | \$16      | \$30 | \$21    |
| Rest of State              |                          | \$9              | \$26 | \$19    | \$9       | \$26 | \$19    |
| <b>Nebraska (NE)</b>       |                          | \$17             | \$40 | \$23    | \$15      | \$35 | \$20    |
| Omaha                      | 681                      | \$20             | \$22 | \$21    | \$16      | \$20 | \$18    |
| Rest of State              |                          | \$17             | \$40 | \$24    | \$15      | \$35 | \$21    |
| <b>Nevada (NV)</b>         |                          | \$18             | \$25 | \$22    | \$18      | \$23 | \$20    |
| Las Vegas                  | 891                      | \$18             | \$25 | \$21    | \$18      | \$23 | \$19    |
| Rest of State              |                          | \$23             | \$25 | \$24    | \$18      | \$23 | \$20    |
| <b>New Hampshire (NH)</b>  |                          | \$19             | \$30 | \$24    | \$16      | \$25 | \$21    |
| <b>New Jersey (NJ)</b>     |                          | \$17             | \$30 | \$21    | \$17      | \$24 | \$19    |
| Bridgewater Area           | 088,089                  | \$18             | \$30 | \$21    | \$18      | \$24 | \$20    |
| Cherry Hill Area           | 080                      | \$17             | \$25 | \$21    | \$17      | \$21 | \$18    |
| Rest of State              |                          | \$18             | \$26 | \$21    | \$18      | \$23 | \$20    |
| <b>New Mexico (NM)</b>     |                          | \$14             | \$30 | \$21    | \$14      | \$25 | \$18    |
| Albuquerque                | 871                      | \$17             | \$27 | \$21    | \$16      | \$25 | \$20    |
| Rest of State              |                          | \$14             | \$30 | \$20    | \$14      | \$21 | \$17    |
| <b>New York (NY)</b>       |                          | \$15             | \$33 | \$22    | \$15      | \$28 | \$20    |
| New York                   | 100-114                  | \$15             | \$23 | \$19    | \$15      | \$20 | \$18    |
| Rochester                  | 146                      | \$22             | \$30 | \$24    | \$17      | \$26 | \$20    |
| Syracuse Area              | 130-132                  | \$19             | \$25 | \$22    | \$16      | \$25 | \$20    |
| Rest of State              |                          | \$20             | \$33 | \$23    | \$16      | \$28 | \$20    |
| <b>North Carolina (NC)</b> |                          | \$14             | \$29 | \$19    | \$12      | \$29 | \$17    |
| Charlotte                  | 282                      | \$15             | \$23 | \$19    | \$15      | \$21 | \$17    |
| Raleigh/Durham             | 276,277                  | \$16             | \$20 | \$18    | \$12      | \$19 | \$17    |
| Rest of State              |                          | \$14             | \$29 | \$19    | \$14      | \$29 | \$18    |
| <b>North Dakota (ND)</b>   |                          | \$14             | \$55 | \$25    | \$14      | \$55 | \$23    |
| Fargo Area                 | 581                      | \$18             | \$40 | \$24    | \$18      | \$23 | \$21    |
| Rest of State              |                          | \$14             | \$55 | \$25    | \$14      | \$55 | \$24    |

## Home Care Costs 2011

| State                      | First 3 Zip Code Numbers | Home Health Aide |      |         | Homemaker |      |         |
|----------------------------|--------------------------|------------------|------|---------|-----------|------|---------|
|                            |                          | Low              | High | Average | Low       | High | Average |
| <b>Ohio (OH)</b>           |                          | \$13             | \$40 | \$19    | \$13      | \$25 | \$18    |
| Cincinnati                 | 452                      | \$18             | \$22 | \$19    | \$15      | \$20 | \$18    |
| Cleveland                  | 441                      | \$13             | \$40 | \$21    | \$13      | \$23 | \$19    |
| Columbus                   | 432                      | \$16             | \$25 | \$21    | \$16      | \$25 | \$20    |
| Rest of State              |                          | \$14             | \$21 | \$17    | \$14      | \$21 | \$17    |
| <b>Oklahoma (OK)</b>       |                          | \$14             | \$40 | \$21    | \$10      | \$25 | \$17    |
| Oklahoma City              | 731                      | \$15             | \$28 | \$18    | \$10      | \$18 | \$16    |
| Tulsa                      | 741                      | \$17             | \$21 | \$19    | \$15      | \$20 | \$17    |
| Rest of State              |                          | \$14             | \$40 | \$22    | \$13      | \$25 | \$18    |
| <b>Oregon (OR)</b>         |                          | \$18             | \$35 | \$21    | \$16      | \$22 | \$19    |
| Eugene Area                | 973,974                  | \$18             | \$22 | \$20    | \$17      | \$22 | \$19    |
| Portland                   | 972                      | \$20             | \$22 | \$21    | \$18      | \$20 | \$19    |
| Rest of State              |                          | \$18             | \$35 | \$22    | \$16      | \$20 | \$18    |
| <b>Pennsylvania (PA)</b>   |                          | \$15             | \$30 | \$20    | \$15      | \$30 | \$19    |
| Philadelphia               | 191                      | \$17             | \$23 | \$20    | \$17      | \$22 | \$20    |
| Pittsburgh                 | 152                      | \$17             | \$30 | \$21    | \$17      | \$23 | \$19    |
| Scranton Area              | 184-187                  | \$18             | \$20 | \$19    | \$17      | \$20 | \$18    |
| Rest of State              |                          | \$15             | \$30 | \$20    | \$15      | \$30 | \$19    |
| <b>Rhode Island (RI)</b>   |                          | \$20             | \$30 | \$24    | \$17      | \$26 | \$20    |
| Providence                 | 029                      | \$20             | \$30 | \$24    | \$17      | \$26 | \$19    |
| Rest of State              |                          | \$22             | \$26 | \$23    | \$19      | \$26 | \$20    |
| <b>South Carolina (SC)</b> |                          | \$16             | \$22 | \$18    | \$16      | \$20 | \$17    |
| Charleston                 | 294                      | \$16             | \$20 | \$18    | \$16      | \$20 | \$18    |
| Columbia                   | 292                      | \$16             | \$22 | \$18    | \$16      | \$18 | \$17    |
| Rest of State              |                          | \$17             | \$20 | \$17    | \$16      | \$19 | \$17    |
| <b>South Dakota (SD)</b>   |                          | \$19             | \$48 | \$24    | \$18      | \$48 | \$23    |
| <b>Tennessee (TN)</b>      |                          | \$10             | \$28 | \$20    | \$9       | \$25 | \$18    |
| Memphis                    | 381                      | \$10             | \$26 | \$17    | \$9       | \$23 | \$15    |
| Nashville                  | 372                      | \$16             | \$28 | \$20    | \$16      | \$25 | \$19    |
| Rest of State              |                          | \$15             | \$25 | \$21    | \$13      | \$25 | \$19    |



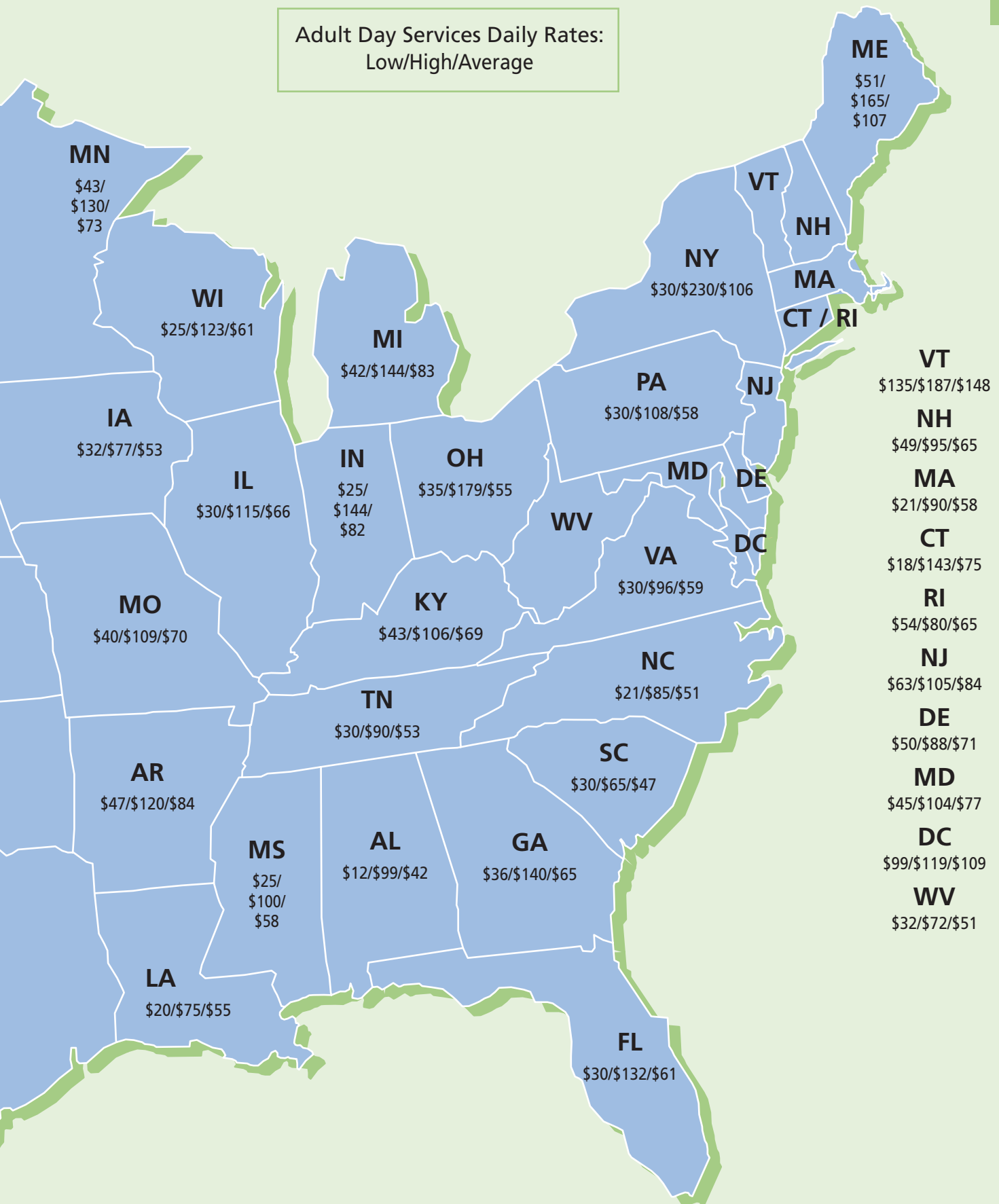
| State                     | First 3 Zip Code Numbers | Home Health Aide |      |         | Homemaker |      |         |
|---------------------------|--------------------------|------------------|------|---------|-----------|------|---------|
|                           |                          | Low              | High | Average | Low       | High | Average |
| <b>Texas (TX)</b>         |                          | \$10             | \$32 | \$18    | \$10      | \$25 | \$17    |
| Austin                    | 787                      | \$17             | \$20 | \$18    | \$16      | \$19 | \$18    |
| Dallas/Ft. Worth          | 752,761                  | \$16             | \$22 | \$18    | \$15      | \$19 | \$17    |
| Houston                   | 770                      | \$10             | \$32 | \$19    | \$10      | \$25 | \$17    |
| Rest of State             |                          | \$10             | \$27 | \$17    | \$10      | \$23 | \$16    |
| <b>Utah (UT)</b>          |                          | \$18             | \$35 | \$23    | \$18      | \$28 | \$21    |
| Salt Lake City            | 841                      | \$19             | \$35 | \$24    | \$19      | \$21 | \$19    |
| Rest of State             |                          | \$18             | \$30 | \$23    | \$18      | \$28 | \$22    |
| <b>Vermont (VT)</b>       |                          | \$19             | \$30 | \$22    | \$19      | \$25 | \$21    |
| <b>Virginia (VA)</b>      |                          | \$13             | \$24 | \$18    | \$13      | \$22 | \$17    |
| Northern VA               | 220-223                  | \$17             | \$24 | \$20    | \$17      | \$20 | \$18    |
| Richmond                  | 232                      | \$17             | \$21 | \$18    | \$17      | \$19 | \$17    |
| Rest of State             |                          | \$13             | \$22 | \$17    | \$13      | \$22 | \$16    |
| <b>Washington (WA)</b>    |                          | \$18             | \$35 | \$23    | \$18      | \$35 | \$23    |
| Seattle                   | 981                      | \$20             | \$26 | \$24    | \$18      | \$26 | \$23    |
| Spokane                   | 992                      | \$19             | \$35 | \$23    | \$19      | \$35 | \$22    |
| Rest of State             |                          | \$18             | \$30 | \$24    | \$18      | \$28 | \$22    |
| <b>West Virginia (WV)</b> |                          | \$14             | \$22 | \$17    | \$10      | \$22 | \$16    |
| Charleston Area           | 253                      | \$16             | \$18 | \$16    | \$16      | \$18 | \$16    |
| Rest of State             |                          | \$14             | \$22 | \$17    | \$10      | \$22 | \$16    |
| <b>Wisconsin (WI)</b>     |                          | \$13             | \$37 | \$24    | \$13      | \$35 | \$21    |
| Madison Area              | 535,537,539              | \$13             | \$32 | \$24    | \$13      | \$30 | \$22    |
| Milwaukee                 | 532                      | \$20             | \$26 | \$22    | \$17      | \$22 | \$20    |
| Rest of State             |                          | \$15             | \$37 | \$24    | \$14      | \$35 | \$21    |
| <b>Wyoming (WY)</b>       |                          | \$17             | \$35 | \$23    | \$17      | \$28 | \$22    |
| <b>NATIONAL AVERAGE</b>   |                          |                  |      | \$21    |           |      | \$19    |

# Adult Day Services Costs 2011





Adult Day Services Daily Rates:  
Low/High/Average



# Adult Day Services Costs 2011

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| State                   | First 3 Zip Code Numbers | Adult Day Services Daily Cost |       |         |
|-------------------------|--------------------------|-------------------------------|-------|---------|
|                         |                          | Low                           | High  | Average |
| <b>Alabama (AL)</b>     |                          | \$12                          | \$99  | \$42    |
| Birmingham              | 352                      | \$25                          | \$75  | \$45    |
| Montgomery Area         | 360,361                  | \$12                          | \$41  | \$29    |
| Rest of State           |                          | \$16                          | \$99  | \$46    |
| <b>Alaska (AK)</b>      |                          | \$60                          | \$125 | \$94    |
| <b>Arizona (AZ)</b>     |                          | \$65                          | \$125 | \$92    |
| Phoenix                 | 850                      | \$90                          | \$125 | \$113   |
| Tucson                  | 857                      | \$66                          | \$110 | \$79    |
| Rest of State           |                          | \$65                          | \$120 | \$92    |
| <b>Arkansas (AR)</b>    |                          | \$47                          | \$120 | \$84    |
| Little Rock Area        | 721,722                  | \$78                          | \$100 | \$87    |
| Rest of State           |                          | \$47                          | \$120 | \$83    |
| <b>California (CA)</b>  |                          | \$40                          | \$96  | \$77    |
| Los Angeles             | 900                      | \$50                          | \$85  | \$75    |
| San Diego               | 921                      | \$47                          | \$88  | \$75    |
| San Francisco           | 941                      | \$75                          | \$85  | \$79    |
| Rest of State           |                          | \$40                          | \$96  | \$77    |
| <b>Colorado (CO)</b>    |                          | \$44                          | \$95  | \$63    |
| Colorado Springs        | 809                      | \$55                          | \$75  | \$62    |
| Denver                  | 802                      | \$55                          | \$90  | \$66    |
| Rest of State           |                          | \$44                          | \$95  | \$62    |
| <b>Connecticut (CT)</b> |                          | \$18                          | \$143 | \$75    |
| Hartford                | 061                      | \$70                          | \$80  | \$76    |
| Stamford Area           | 068                      | \$70                          | \$88  | \$80    |
| Rest of State           |                          | \$18                          | \$143 | \$74    |
| <b>Washington (DC)</b>  | 200                      | \$99                          | \$119 | \$109   |
| <b>Delaware (DE)</b>    |                          | \$50                          | \$88  | \$71    |
| Wilmington Area         | 197,198                  | \$55                          | \$88  | \$76    |
| Rest of State           |                          | \$50                          | \$76  | \$60    |



| State                | First 3 Zip Code Numbers | Adult Day Services Daily Cost |       |         |
|----------------------|--------------------------|-------------------------------|-------|---------|
|                      |                          | Low                           | High  | Average |
| <b>Florida (FL)</b>  |                          | \$30                          | \$132 | \$61    |
| Jacksonville         | 322                      | \$55                          | \$75  | \$63    |
| Miami                | 331                      | \$30                          | \$75  | \$46    |
| Orlando              | 328                      | \$60                          | \$95  | \$68    |
| Rest of State        |                          | \$45                          | \$132 | \$64    |
| <b>Georgia (GA)</b>  |                          | \$36                          | \$140 | \$65    |
| Atlanta              | 303                      | \$40                          | \$120 | \$65    |
| Marietta Area        | 300                      | \$40                          | \$85  | \$64    |
| Rest of State        |                          | \$36                          | \$140 | \$66    |
| <b>Hawaii (HI)</b>   |                          | \$45                          | \$87  | \$64    |
| Honolulu             | 968                      | \$45                          | \$87  | \$69    |
| Rest of State        |                          | \$46                          | \$73  | \$60    |
| <b>Idaho (ID)</b>    |                          | \$36                          | \$184 | \$88    |
| <b>Illinois (IL)</b> |                          | \$30                          | \$115 | \$66    |
| Central IL           | 616-618                  | \$61                          | \$80  | \$68    |
| Chicago              | 606                      | \$50                          | \$72  | \$58    |
| Des Plaines Area     | 600                      | \$30                          | \$115 | \$69    |
| Rest of State        |                          | \$48                          | \$95  | \$68    |
| <b>Indiana (IN)</b>  |                          | \$25                          | \$144 | \$82    |
| Fort Wayne Area      | 467,468                  | \$69                          | \$85  | \$77    |
| Indianapolis         | 462                      | \$48                          | \$144 | \$81    |
| Rest of State        |                          | \$25                          | \$126 | \$85    |
| <b>Iowa (IA)</b>     |                          | \$32                          | \$77  | \$53    |
| Central IA           | 500-503                  | \$50                          | \$77  | \$56    |
| Rest of State        |                          | \$32                          | \$69  | \$52    |
| <b>Kansas (KS)</b>   |                          | \$40                          | \$160 | \$89    |
| Wichita              | 672                      | \$80                          | \$160 | \$124   |
| Rest of State        |                          | \$40                          | \$132 | \$81    |
| <b>Kentucky (KY)</b> |                          | \$43                          | \$106 | \$69    |
| Lexington            | 405                      | \$62                          | \$105 | \$91    |
| Louisville           | 402                      | \$45                          | \$106 | \$68    |
| Rest of State        |                          | \$43                          | \$102 | \$66    |

## Adult Day Services Costs 2011

| State                     | First 3 Zip Code Numbers | Adult Day Services Daily Cost |       |         |
|---------------------------|--------------------------|-------------------------------|-------|---------|
|                           |                          | Low                           | High  | Average |
| <b>Louisiana (LA)</b>     |                          | \$20                          | \$75  | \$55    |
| Baton Rouge               | 708                      | \$45                          | \$63  | \$50    |
| New Orleans Area          | 700,701                  | \$20                          | \$75  | \$54    |
| Rest of State             |                          | \$30                          | \$75  | \$57    |
| <b>Maine (ME)</b>         |                          | \$51                          | \$165 | \$107   |
| Southern ME               | 040                      | \$51                          | \$165 | \$105   |
| Rest of State             |                          | \$60                          | \$155 | \$107   |
| <b>Maryland (MD)</b>      |                          | \$45                          | \$104 | \$77    |
| Baltimore                 | 212                      | \$72                          | \$85  | \$75    |
| Silver Spring Area        | 207-209                  | \$73                          | \$104 | \$80    |
| Rest of State             |                          | \$45                          | \$100 | \$76    |
| <b>Massachusetts (MA)</b> |                          | \$21                          | \$90  | \$58    |
| Boston                    | 021                      | \$54                          | \$85  | \$60    |
| Worcester                 | 016                      | \$25                          | \$85  | \$59    |
| Rest of State             |                          | \$21                          | \$90  | \$57    |
| <b>Michigan (MI)</b>      |                          | \$42                          | \$144 | \$83    |
| Detroit Area              | 480-482                  | \$42                          | \$144 | \$92    |
| Grand Rapids              | 495                      | \$111                         | \$124 | \$117   |
| Rest of State             |                          | \$45                          | \$132 | \$75    |
| <b>Minnesota (MN)</b>     |                          | \$43                          | \$130 | \$73    |
| Minneapolis/St. Paul      | 551,554                  | \$63                          | \$117 | \$80    |
| Rochester Area            | 559                      | \$54                          | \$61  | \$58    |
| Rest of State             |                          | \$43                          | \$130 | \$72    |
| <b>Mississippi (MS)</b>   |                          | \$25                          | \$100 | \$58    |
| Central MS                | 390-393,397              | \$25                          | \$68  | \$52    |
| Rest of State             |                          | \$30                          | \$100 | \$64    |
| <b>Missouri (MO)</b>      |                          | \$40                          | \$109 | \$70    |
| Kansas City               | 641                      | \$65                          | \$75  | \$69    |
| Saint Louis               | 631                      | \$40                          | \$109 | \$72    |
| Rest of State             |                          | \$40                          | \$90  | \$69    |



| State                      | First 3 Zip Code Numbers | Adult Day Services Daily Cost |       |         |
|----------------------------|--------------------------|-------------------------------|-------|---------|
|                            |                          | Low                           | High  | Average |
| <b>Montana (MT)</b>        |                          | \$42                          | \$185 | \$97    |
| Billings                   | 591                      | \$42                          | \$130 | \$84    |
| Rest of State              |                          | \$50                          | \$185 | \$101   |
| <b>Nebraska (NE)</b>       |                          | \$17                          | \$120 | \$61    |
| Omaha                      | 681                      | \$17                          | \$65  | \$46    |
| Rest of State              |                          | \$35                          | \$120 | \$66    |
| <b>Nevada (NV)</b>         |                          | \$50                          | \$100 | \$69    |
| Las Vegas                  | 891                      | \$50                          | \$72  | \$60    |
| Rest of State              |                          | \$63                          | \$100 | \$78    |
| <b>New Hampshire (NH)</b>  |                          | \$49                          | \$95  | \$65    |
| Manchester Area            | 030,031                  | \$52                          | \$95  | \$69    |
| Rest of State              |                          | \$49                          | \$82  | \$61    |
| <b>New Jersey (NJ)</b>     |                          | \$63                          | \$105 | \$84    |
| Bridgewater                | 088                      | \$63                          | \$105 | \$87    |
| Cherry Hill Area           | 080                      | \$71                          | \$90  | \$83    |
| Rest of State              |                          | \$65                          | \$98  | \$83    |
| <b>New Mexico (NM)</b>     |                          | \$20                          | \$190 | \$87    |
| Albuquerque/Santa Fe Area  | 871-875                  | \$74                          | \$190 | \$111   |
| Rest of State              |                          | \$20                          | \$50  | \$38    |
| <b>New York (NY)</b>       |                          | \$30                          | \$230 | \$106   |
| New York                   | 100,112,113              | \$30                          | \$200 | \$128   |
| Rochester                  | 146                      | \$37                          | \$85  | \$55    |
| Syracuse                   | 132                      | \$60                          | \$106 | \$84    |
| Rest of State              |                          | \$45                          | \$230 | \$104   |
| <b>North Carolina (NC)</b> |                          | \$21                          | \$85  | \$51    |
| Charlotte                  | 282                      | \$45                          | \$85  | \$57    |
| Raleigh/Durham             | 275-277                  | \$41                          | \$79  | \$56    |
| Rest of State              |                          | \$21                          | \$70  | \$46    |
| <b>North Dakota (ND)</b>   |                          | \$40                          | \$201 | \$88    |

## Adult Day Services Costs 2011

| State                      | First 3 Zip Code Numbers | Adult Day Services Daily Cost |       |         |
|----------------------------|--------------------------|-------------------------------|-------|---------|
|                            |                          | Low                           | High  | Average |
| <b>Ohio (OH)</b>           |                          | \$35                          | \$179 | \$55    |
| Cincinnati                 | 452                      | \$45                          | \$68  | \$56    |
| Cleveland                  | 441                      | \$40                          | \$89  | \$59    |
| Columbus                   | 432                      | \$45                          | \$70  | \$54    |
| Rest of State              |                          | \$35                          | \$179 | \$54    |
| <b>Oklahoma (OK)</b>       |                          | \$45                          | \$100 | \$57    |
| Oklahoma City              | 731                      | \$45                          | \$65  | \$58    |
| Tulsa Area                 | 740,741                  | \$45                          | \$60  | \$57    |
| Rest of State              |                          | \$45                          | \$100 | \$57    |
| <b>Oregon (OR)</b>         |                          | \$40                          | \$165 | \$96    |
| Eugene                     | 974                      | \$135                         | \$165 | \$147   |
| Portland                   | 972                      | \$40                          | \$106 | \$82    |
| Rest of State              |                          | \$50                          | \$75  | \$63    |
| <b>Pennsylvania (PA)</b>   |                          | \$30                          | \$108 | \$58    |
| Philadelphia               | 191                      | \$50                          | \$78  | \$66    |
| Pittsburgh Area            | 150-152                  | \$30                          | \$75  | \$54    |
| Scranton Area              | 185-187                  | \$55                          | \$74  | \$59    |
| Rest of State              |                          | \$34                          | \$108 | \$57    |
| <b>Rhode Island (RI)</b>   |                          | \$54                          | \$80  | \$65    |
| <b>South Carolina (SC)</b> |                          | \$30                          | \$65  | \$47    |
| Charleston Area            | 294                      | \$45                          | \$65  | \$51    |
| Columbia Area              | 290-292                  | \$44                          | \$54  | \$48    |
| Rest of State              |                          | \$30                          | \$50  | \$45    |
| <b>South Dakota (SD)</b>   |                          | \$30                          | \$116 | \$66    |
| <b>Tennessee (TN)</b>      |                          | \$30                          | \$90  | \$53    |
| Memphis                    | 381                      | \$30                          | \$45  | \$38    |
| Nashville Area             | 371,372                  | \$30                          | \$67  | \$45    |
| Rest of State              |                          | \$38                          | \$90  | \$62    |



| State                     | First 3 Zip Code Numbers | Adult Day Services Daily Cost |       |             |
|---------------------------|--------------------------|-------------------------------|-------|-------------|
|                           |                          | Low                           | High  | Average     |
| <b>Texas (TX)</b>         |                          | \$25                          | \$125 | \$40        |
| Dallas/Ft. Worth          | 752,761                  | \$32                          | \$125 | \$54        |
| Houston                   | 770                      | \$26                          | \$52  | \$39        |
| San Antonio               | 782                      | \$30                          | \$35  | \$32        |
| Rest of State             |                          | \$25                          | \$65  | \$39        |
| <b>Utah (UT)</b>          |                          | \$31                          | \$100 | \$62        |
| Northern UT               | 840-844                  | \$31                          | \$95  | \$55        |
| Rest of State             |                          | \$53                          | \$100 | \$73        |
| <b>Vermont (VT)</b>       |                          | \$135                         | \$187 | \$148       |
| <b>Virginia (VA)</b>      |                          | \$30                          | \$96  | \$59        |
| Northern VA               | 220-223                  | \$50                          | \$96  | \$70        |
| Richmond                  | 232                      | \$43                          | \$73  | \$61        |
| Rest of State             |                          | \$30                          | \$80  | \$54        |
| <b>Washington (WA)</b>    |                          | \$15                          | \$150 | \$65        |
| Eastern WA                | 991-993                  | \$38                          | \$70  | \$52        |
| Seattle/Tacoma            | 980-984                  | \$35                          | \$105 | \$61        |
| Rest of State             |                          | \$15                          | \$150 | \$88        |
| <b>West Virginia (WV)</b> |                          | \$32                          | \$72  | \$51        |
| <b>Wisconsin (WI)</b>     |                          | \$25                          | \$123 | \$61        |
| Madison Area              | 535,537                  | \$30                          | \$99  | \$61        |
| Milwaukee                 | 532                      | \$52                          | \$81  | \$62        |
| Rest of State             |                          | \$25                          | \$123 | \$61        |
| <b>Wyoming (WY)</b>       |                          | \$17                          | \$143 | \$81        |
| <b>NATIONAL AVERAGE</b>   |                          |                               |       | <b>\$70</b> |

# Endnotes

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<sup>1</sup> U.S. Census Bureau, American Community Survey, Characteristics of the Group Quarters Population by Group Quarters Type, 2010.

<sup>2</sup> National Center for Assisted Living, American Association of Homes and Services for the Aging, Assisted Living Federation of America, American Seniors Housing Association, and National Investment Center for the Seniors Housing and Care Industry, “2009 Overview of Assisted Living.”

<sup>3</sup> American Seniors Housing Association, National Investment Center for the Seniors Housing and Care Industry, Assisted Living Federation of America, LeadingAge, and National Center for Assisted Living, “The State of Seniors Housing, 2011.”





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